

Cindy-Lee E. Dennis

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EDUCATION

University or Institution	Degree	Subject Area	Dates
University of British Columbia	Postdoctoral Fellowship	Health Care & Epidemiology	2000-2002
University of Toronto	PhD	Nursing Science	1995-1999
University of Western Ontario	MScN	Nursing Science	1993-1995
University of Toronto	BScN	Nursing Science	1987-1991

EMPLOYMENT RECORD

University, Company or Organisation	Rank or Title	Dates
University of Toronto, Lawrence S. Bloomberg Faculty of Nursing	Professor	2012-present
Women's College Research Institute	Senior Scientist	2011-present
University of Toronto, Fraser Mustard Institute for Human Development	Faculty Lead and Steering Committee	2012-present
University of Toronto, Faculty of Medicine, Department of Psychiatry	Cross Appointment	2007-present
University of Toronto, Lawrence S. Bloomberg Faculty of Nursing	Associate Professor	2007-2012
Mount Sinai Hospital, Department of Psychiatry	Associate Scientific Staff	2008-present
University of Toronto, Faculty of Nursing	Assistant Professor	2002-2007
University of British Columbia, Faculty of Medicine, Department of Health Care & Epidemiology	Postdoctoral Research Fellow	2000-2002
University of Toronto, Faculty of Nursing	Teaching Assistant	1995-1998
University of Toronto, Victoria College	Donship	1995-1996
University of Western Ontario, Faculty of Nursing	Teaching Assistant	1994-1995

AWARDS & DISTINCTIONS

University, Company or Organisation	Title	Award	Dates
Mood Disorders Association of Manitoba	Helping Hands of Hope Award	—	2014
Mood Disorders Association of Ontario	Hope Inspiration Award	—	2013
Women's College Research Institute (in partnership with the University of Toronto Department of Psychiatry and the Centre for Addiction and Mental Health)	Shirley Brown Chair in Women's Mental Health Research	\$450,000	2011-2016
Canadian Who's Who	Listed Biographee	—	2009-
Canada Research Chairs Program	Canada Research Chair in Perinatal Community Health	\$500,000	2007-2013 2013-2018
Caldwell Partners	Canadian Top 40 Under 40	Nominated by the University of Toronto	2006
Canadian Institutes of Health Research (CIHR)	New Investigator Award	\$300,000	2005-2010 (declined 2008-2010)
Ontario Ministry of Health and Long-Term Care	Career Scientist Award	\$300,000	2003-2008 (declined 2005-2008)
University of Toronto, Faculty of Nursing Alumni	Rising Star Award	—	2003
CIHR and National Health and Research Development Program (NHRDP)	Postdoctoral Fellowship Award	\$80,000	2000-2002
University of Toronto, School of Graduate Studies	Open Graduate Fellowship	\$36,000	1995-1998
University of Toronto, Faculty of Nursing	Graduate Research Award	\$2,500	1997
University of Toronto, Faculty of Nursing	Helen Carpenter Award	\$5,000	1995
University of Western Ontario	Graduate Student Award	\$2,500	1994
Imperial Order of the Daughters of the Empire Loyalists	Research Award	\$500	1994
Ontario Ministry of Education	Ontario Scholar	\$100	1987

CURRENT RESEARCH ACTIVITIES

Subject	Principal Investigator	Co-Investigators	Funding Source	Amount Funded	Year
Design and Evaluation of a Co-Parenting Breastfeeding Online Course	J. Abbass-Dick	Dennis-C-L	Best Start, community Breastfeeding Projects Grants	\$25,000	2014-2015
Evaluating Collaborative Care for Postpartum Depression in Paediatric Primary Care Settings (The EPDS Trial)	C-L Dennis	Birken, C., Grigoriadis, S., Hoch, J., Isaranuwatthai, W., Letourneau, N., Maquire, J., Parkin, P., Thorpe, K., & Vigod, S.	CIHR	\$981,384	2014-2020
An electronic patient decision aid for antidepressant drug use in pregnancy: A pilot study	S. Vigod	Dennis, C-L. , Stewart, D., Grigoriadis, S., Schram, C., Metcalfe, K., Taylor, V. & Oberlander T.	CIHR	\$176,121	2014-2016
A Pilot RCT to Evaluate the Effectiveness of Peer (Mother-to-Mother) Support for the Prevention of Postnatal Depression	T. Shafiei	Dennis, C-L. , Small, R., etc.	Melbourne University	\$29,952 (Australian)	2014-2015
Supporting the Mental Health of Refugee Adolescents and Parents	M. Stewart	Beiser, M; Bowen, A; Dennis, C-L. , Letourneau, N., McGrath, P., & McKenzie, K..	CIHR Planning Grant	\$25,000	2014-2015
Women who are breastfeeding: Increasing Self-Efficacy to improve outcomes (The WISE Trial)	C-L Dennis	McQueen, K., Stremler, R., Sellen, D., Walker, M., Zupancic, J., & Kiss, A.	CIHR	\$1,262,453	2013-2017
Impact of Maternal and Paternal Postpartum Depression: Assessing Concurrent Depression in The Family (The IMPACT Study)	C-L Dennis	Vigod, S., Letourneau, N., Oberlander, T., Stremler, R., Dalfen, A., Elgar, F., & Kiss, A.	CIHR	\$1,320,564	2013-2018
HealthyDads.ca - Development and Evaluation of a Multimodal E-Health Intervention to Promote the Mental Health of Men at Risk for Depression	D. Da Costa	Chan, P., Dennis, C-L. , Grover, S., Lawrence, J., Khalife, S., Letourneau, N., Lowensteyn, I., & Zelkowitz, P.	Canadian Men Health Network	\$483,045	2013-2015
Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy	S. Vigod D. Blumberger	Dennis, C-L. , & Daskalakis, J. (co-mentors)	HSC & CIHR New Investigator	\$113,274	2013-2015
Physician Reference Guide for the Treatment of Depression in Pregnancy with Antidepressant Medication: A Knowledge to Action Guide	S. Grigoriadis	Mousmanis P, Cheung A, Dennis C-L , Steiner M, & Koren G.	CIHR	\$170,467	2013-2015
Schizophrenia Understood in the Perinatal period: Psychiatric Outcomes and Reproductive Trajectories (The SUPPORT Study)	S. Vigod	Rochon, P, Anderson, G., Ray, J., Gruneir, A., Kurdyak, P., Grigoriadis, S., & Dennis, C-L.	CIHR	\$95,000	2012-2014
An Evidence Synthesis to Evaluate The Clinical Effectiveness and Cost-Effectiveness of Interventions to Prevent Postnatal Depression	J. Morrell	Scope, A., Booth, A., Cantrel, A., Henshaw, C., Dennis, C-L. , Churchill, D., Spiby, H., Newstead, J., Brazier, J., Stevens, J., Stevenson, M., Barkham, M., Stewart-Brown, S., Sutcliffe P.	UK National Institute for Health Research Health Technology Assessment programme	£267,176 (sterling)	2012-2014

Current Research Activities continued

Subject	Principal Investigator	Co-Investigators	Funding Source	Amount Funded	Year
Social Support Intervention for Sudanese and Zimbabwean Refugee New Parents	M. Stewart	Makwarimba, E., Kushner, K., Letourneau, N., Shizha, E., Dennis, C-L. , Siziba, D.	SSHRC	\$234,571	2011-2014
Schizophrenia Understood in the Perinatal period: Psychiatric Outcomes and Reproductive Trajectories (The SUPPORT Study)	S. Vigod	Rochon, P, Anderson, G., Ray, J., Gruneir, A., Kurdyak, P., Grigoriadis, S., Dennis, C-L.	Schizophrenia Society of Ontario	\$35,000	2011-2013
Women's Decisions about Anti-Depressant Use in Pregnancy	S. Vigod	Grigoriadis, S., Dennis, C-L. , Meschino, D., & Stewart, D.	MOHLTC Innovation Fund Provincial	\$30,000	2011-2013
New Mothers in a New Country: Understanding Postpartum Depression among Recent Immigrant and Canadian-Born Chinese Women	C-L Dennis	Noh, S., Grigoriadis, S., Stewart D., Gagnon, A., Fung, K.	CIHR	\$557,208	2010-2015
The STAR (Sleep Troubles And Relationship to perinatal outcomes) Study	R. Stremler	Dennis, C-L. , Hodnett, E., Lee, K., Morin, Murray, B., Pullenayegum, E., Ryan, C., Windrim, R.	CIHR	\$199,948	2010-2013
Effectiveness of a Baby-Friendly Hospital-Based Mothers' Support Group, and a Cell-Phone Based Peer Support Program in Supporting Exclusive Breastfeeding in an Urban Kenyan Community: A Pilot Study	D. Sellen E. Kamau-Mbuthia	Mbugua, S., Lou, L., Webb, A., Aidam, B., Dennis, C-L. , Nommsen-Rivers, L.	Alive and Thrive Small Grants Program	\$98,602(US)	2010-2013
An RCT to Evaluate the Effectiveness of Telephone-Based Interpersonal Psychotherapy for the Treatment of Postpartum Depression	C-L Dennis	Hodnett, E., Ravitz, P., Grigoriadis, S., Ross, L., Zupancic, J.	CIHR	\$901,473	2007-2014

PLANNED (SUBMITTED FOR FUNDING) RESEARCH ACTIVITIES

Subject	Principal Investigator	Co-Investigators	Funding Source	Amount Requested	Submitted
Increasing the Rates of Exclusive Breastfeeding: An Approach to Non-Communicable Disease Prevention	C-L. Dennis M. Esquivel-Lauzurique	Tamayo Pérez, V., González Fernández, C., Rancel Hernández, M., Ruben Quesada, M., & Vera Fernandez., Y.	International Development Research Centre (IDRC)	\$15,000	April 2014
The Impact of Perinatal Anxiety on Mothers and Babies: A Systematic Review and Meta-Analysis.	S. Grigoriadis	Brown C, Dawson H, Dennis CL , Vigod, S, Koren G, Steiner M, Rector, N, Richter P, Cheung A.	CIHR	\$99,998	March 2014
Optimizing Pediatric Primary Care with High Risk Populations: A Pilot Study Integrating Mental Health	R. Pillai Riddell	Taddio,A., Stevens, B., Dennis, C-L. , Mousmanis, P., Dave, Moayer, Kulkarni, C.	CIHR		March 2014
Cancer Prevention in Women with a BRCA1 or BRCA2 Mutation: A Follow-up Genetic Counselling Telephone Intervention (The PREVENT Trial)	K. Metcalfe	Dennis, C-L. , Finch, A., Kotsopoulos, J., Rosen, B., Narod, S.	CIHR	\$815,641	March 2014
Neurodevelopmental Risk for Anxiety and Mood Disorders in Pregnancy and the Post-Partum Period	N. Rector	Richter, P., Dalfen, A., Daskalakis, J., Dennis, C-L. , Graham,S., Grigoriadis, S., Kennedy, J., Levitt, A.	CIHR	\$1,470,098	March 2014
Parenting Research On Mental Illness, Stress and Epi/Genetics (The PROMISE) Study)	N. Letourneau	Dewey, D., Bernier, F., Hill, M., Duffy, A Kaplan, B., Dennis, C-L. , Giesbrecht, G., Kobor, M., & Palacios-Derflingher, L.	CIHR	\$1,760,952	March 2014
Developing Informational and Emotional Supports for Couples Undergoing Infertility Treatment	P. Zelkowitz	Chan, P., Dennis, C-L. , Ells, C., Feeley, N., Loiselle, C., Joseph, L., Rosberger, Z., Semenic, S., Takefman, J., & Tulandi, T.	CIHR	\$488,207	March 2014
Bridging the Journey from Acute Care to Rehabilitation: The Investigation of a Peer Support Intervention for the Elderly Patient Recovering from Cardiac Surgery	T. Collela	Alter, D., Dennis, C-L. , Oh., P.	CIHR		March 2014
Peer Support for Maintenance of Breastfeeding: Evidence Synthesis, Scoping of Service Provision and Feasibility Study: Assets-Based Breastfeeding Approach (The ABBA Study)	K. Jolly	McCourt, C., Ingram, J., McInnes, R., Dykes, F., Thomson, G., Hoddinott, P., Trickey, H., Sitch, A., Daniels, J., MacArthur, C., Dennis, C-L.	UK, HTA		January 2014

COMPLETED RESEARCH ACTIVITIES

Subject	Principal Investigator	Co-Investigators	Funding source	Total Funded	Year
The Impact of The East Toronto Postpartum Adjustment Program (ETPAP) on Anxiety and Depressive Symptoms	C-L Dennis K. Wade	Kint, B., Janzen, L., Oliver, D., Forham, J., & Timmings, C.	RNAO Best Practice Spotlight Organization Research Initiative	\$28,164	2010-2013
A Randomized Controlled Trial to Evaluate The Effectiveness of a Decision Aid for Breast Cancer Prevention in Women with a BRCA1 or BRCA2 Mutation	K. Metcalfe	O'Connor, A., Dennis, C-L. , Narod, S.	Canadian Breast Cancer Research Alliance	\$281,747	2008 - 2013
Perinatal Mental Health: Understanding Pathways and Outcomes for Immigrant and Refugee Women (Visiting Scholarship)	V. Schmied C-L Dennis	(Dennis to University of Western Sydney Australia in July 2012 and Schmied to the University of Toronto in March 2012)	University of Western Sydney: IRIS program and School of Nursing	\$16,100	2012
Supportive Services for Sudanese and Zimbabwean Refugee New Parents	M. Stewart	Makwarimba, E., Kushner, K., Letourneau, N., Shizha, E., Dennis, C-L. , Siziba, D.	The Alberta Centre for Child, Family and Community Research	\$99,111	2011-2012
'Migrant-Friendly' Maternity Nursing Care and Perinatal Outcomes	A. Gagnon	Dennis, C-L. , et al. collaborators	Centre Métropolis du Québec - Immigration et Métropoles	\$20,000	2011-2012
Developing Population Interventions For Migrant Perinatal Health Equity	A. Gagnon	Carnelvale, F., Dennis, C-L. , Rousseau, H., Saucier, J-F., Stewart, D., Wahoush, O	CIHR Catalyst Grant: Health Equity	\$73,900	2010-2011
Sustainable Telephone-Based Support for Mothers with Postpartum Depression	N. Letourneau	Bechervaise, A., Landry, C., Lebans, A., Ross, K., Dennis, C-L. , Duffett-Leger, L., Kozyrskyj, A., McGrath, P., Secco, L., Stewart, M., Willms, D.	CIHR: Partnerships for Health System Improvement	\$199,099	2009-2012
Use of Antidepressant Medication During Pregnancy and Lactation: Development of an Evidence-Based Decision Tool	L. Ross S. Grigoriadis	Cheung, A., Dennis, C-L. , Steiner, M., Gideon, K.	Ministry of Health and Long Term Care	\$294,357	2009-2011
Supporting the Mental Health of African Refugee Children and New Parents: Experiences of Zimbabwean and Sudanese Refugees	M. Stewart	Makwarimba, E., Kushner, K., Letourneau, N., Shizha, E., Williamson, D., Dennis, C-L. , Siziba, D.	Alberta Centre for Child, Family, and Community Research Child Development Centre	\$99,930	2009-2011
Support for Fathers Affected by Postpartum Depression	N. Letourneau	Hegadoren, K., Benzies, K., Doucet, A., Dennis, C-L. , Paterson, B.	CIHR	\$201,940	2008 - 2010
An Evidence-Based Algorithm to Quantify Risk-Benefit Decision-Making for Use of Antidepressant Medication During Pregnancy and Lactation	L. Ross S. Grigoriadis	Cheung, A., Dennis, C-L. , Steiner, M., Gideon, K.	CIHR	\$98,000	2008-2009

Completed research activities continued

Subject	Principal Investigator	Co-Investigators	Funding source	Total Funded	Year
The Childbearing Health and Related Service Needs of Newcomers (CHARSNN)	A. Gagnon	Wahoush, O., Stewart, D., Saucier, J., Dougherty, G., Oxman-Martinez, J., Stanger, E., Dennis, C-L.	CIHR	\$2,079,618	2004-2009
An RCT to Evaluate the Effectiveness of Peer (Mother-to-Mother) Support for the Prevention of Postpartum Depression	C-L Dennis	Hodnett, E., Stewart, D., Lee, S., Zupancic, J.	CIHR	\$1,005,526	2004 - 2008
Social Locations, Social Connectedness and Postpartum Depression	L. Ross	Dennis, C-L. , Steele, L., Cairney, J., Bourgeault, I.	CIHR	\$100,000	2007-2008
An RCT to Evaluate the Effect of Home-Based Peer Support on Maternal-Infant Interaction, Infant Health Outcomes, and Postpartum Depression	N. Letourneau	Dennis, C-L. , Stewart, M., Hegadoren, K., Willms, D.	March of Dimes	\$238,169	2005-2008
Postpartum Depression: Screening and Interventions in the Maritimes	N. Letourneau	Duffett-Leger, L., Brannen, C., Critchley, K., Dennis, C-L. , Secco, M.	CIHR: Meetings, Planning and Dissemination Grant	\$14,642	2009
Evaluation of a Breastfeeding Programme of Antenatal Peer Support in the Heart of Birmingham , UK	C. MacArthur	Jolly, K., Khan, K., Dennis, C-L.	NHS Health Technology Assessment	contract	2005-2007
Modifying the Breastfeeding Self-Efficacy Scale to an NICU Population	B. Wheeler	Dennis, C-L.	Manitoba Nursing Research Institute	\$3997	2004-2008
A Pilot RCT to Evaluate the Effectiveness of an All Purpose Nipple Ointment (APNO) in Treating Damaged Nipples among Breastfeeding Women	N. Schottle	Dennis, C-L. , Hodnett, E.	The Canadian Foundation for Women's Health	\$33,396	2005-2008
Supporting Women and Families Affected by Postpartum Depression	N. Letourneau	Stewart, M., Drummand, J., Hegadoren, K., Dennis, C-L. , Rinaldi, C.	CIHR	\$84,774	2004-2007
Postpartum Depression: Critical Literature Review and Recommendations	D. Stewart	Dennis, C-L. , Grace, S., Wallington, T., Robertson, E.	Toronto Public Health	\$35,525	2002-2003
Postpartum Depression: Maternal Attitudes, Prevalence, Risk Factors, and Pilot Testing of a Peer Support Intervention	C-L Dennis	Bachmann, L., Munro, P.	Fraser Valley Health Region & Hamber Foundation	\$37, 222	2000-2002
An Evaluation of Nicotine Replacement and Peer Support on Smoking Cessation among Adolescents	C-L Dennis	Lovato, C. Loewen, N.	BC Medical Services Foundation	\$50,000	2000-2002
The Integration of Lay Helpers into the Contemporary Health Care System: Developing a Conceptual Model of Peer Support and Evaluating Effectiveness	C-L Dennis	Lovato, C. (Postdoctoral Supervisor)	CIHR/ NHRDP salary award	N/A	2000-2002

Subject	Principal Investigator	Co-Investigators	Funding source	Total Funded	Year
An RCT to Evaluate the Effect of Peer Support on Breastfeeding Duration among Primiparous Women	C-L Dennis	Hodnett, E. (Doctoral Supervisor)	Maternal, Infant and Reproductive Health Research Unit	\$7,500	1995-1999
The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale	C-L Dennis	Faux, S. (Master's Supervisor)	Imperial Order of Daughters of the Empire Loyalists	\$500	1993-1995

BREASTFEEDING SELF-EFFICACY INTERNATIONAL RESEARCH CONSULTATION

For my Master's thesis, I developed the Breastfeeding Self-Efficacy Theory and corresponding Breastfeeding Self-Efficacy Scale. Publications from my Master's thesis have subsequently provided many international research opportunities with individuals from diverse countries such as Argentina, Australia, Brazil, Canada, China, Croatia, England, Estonia, Finland, France, Germany, Greece, Hong Kong, Iceland, India, Iran, Ireland, Israel, Japan, Jordan, Korea, Malaysia, Mexico, Peru, Philippines, Poland, Saudi Arabia, Scotland, Sri Lanka, Spain, Sweden, Taiwan, Thailand, Turkey, the United States, and Vietnam. In total, over 500 researchers and health professionals from over 30 different countries have requested the use of my Breastfeeding Self-Efficacy Scale. These requests have resulted in numerous collaborative opportunities related to the translation of the Breastfeeding Self-Efficacy Scale into diverse languages (e.g., Croatian, Mandarin, Spanish, Polish, Greek, Italian, Portuguese, Japanese, Thai, and Turkish) and the psychometric testing of the scale with different maternal populations (e.g., Australian, UK, African-American, adolescent, and mothers of pre-term infants).

COCHRANE SYSTEMATIC REVIEWS

The major product of the Cochrane Collaboration is the Cochrane Database of Systematic Reviews, which is published quarterly as part of the Cochrane Library. Cochrane reviews are based on the best available information about healthcare interventions. They explore the evidence for and against the effectiveness and appropriateness of treatments (e.g., medications, surgery, education, etc.) in specific circumstances. The reviews are mostly prepared by health professionals who volunteer to work in one of the many Collaborative Review Groups, with editorial teams overseeing the preparation and maintenance of the reviews, as well as application of the rigorous quality standards for which Cochrane Reviews have become known. I became a member of the Pregnancy and Childbirth Group in 2000 and have conducted the following Cochrane systematic reviews and meta-analyses:

Lead Reviewer/Author

1. Oestrogen and progesterone therapy for preventing and treating postpartum depression (first published: 2003; updated 2012)
2. Psychosocial and psychological interventions for preventing postpartum depression (first published: 2004; updated 2013)
3. Psychosocial and psychological interventions for treating antenatal depression (first published: 2006; updated 2012)
4. Psychological and psychological interventions for treating postpartum depression (first published: 2007; currently updating)
5. Interventions (other than psychosocial, psychological, and pharmacological) for treating antenatal depression first (published: 2008; updated 2013)
6. Interventions for treating painful nipples among breastfeeding women (protocol published: 2008; updated 2013)
7. Psychosocial, psychological, and pharmacological interventions for treating antenatal anxiety (title registered)
8. Interventions (other than psychosocial, psychological, and pharmacological) for treating postpartum depression (title registered)

Co-Reviewer

1. Interventions for preventing painful nipples among breastfeeding women (protocol being developed)

PUBLICATIONS

Key for Authorship Codes		
PA	Principal Author	>90%
SA	Senior Author	50-89%
CA	Contributing Author	10-49%
MA	Minor Author	<10%
Italicised name	<i>Student author</i>	

Refereed Journal Publications

1. **Dennis, C-L.** (2014). The process of developing and implementing a telephone-based peer support program for postpartum depression: Results from a randomized controlled trial. *Trials*, 15:131, DOI: 10.1186/1745-6215-15-131. [impact factor = 2.21]
2. Vigod, S., **Dennis, C-L.**, Kurdyak, P., Cairney, J., Guttman, A., & Taylor, V. (2014). Fertility rate trends among adolescent girls with major mental illness: a population-based study. *Pediatrics*. 133, e585-91.
3. Grigoriadis, S., VonderPorten, E.H., Mamisashvili, L., Eady, A., Tomlinson, G., **Dennis, C-L.**, Koren, G., Steiner, M., Mousmanis, P., Cheung, A., & Ross, L.E. (2014). Prenatal exposure to antidepressants and persistent pulmonary hypertension of the newborn: systematic review and meta-analysis. *British Medical Journal*, 348, f6932. [CA; contribution: conceptualization, data interpretation, and drafting of manuscript; impact factor =17.2]
4. Vigod, S., Kurdyak, P., **Dennis, C-L.**, Gruneir, A., Newman, A., Seeman, M., Rochon, P., Anderson, G., Grigoriadis, S., & Ray, J. (2014). Maternal and newborn outcomes among women with schizophrenia: a retrospective population-based cohort study. *BJOG: An International Journal of Obstetrics & Gynaecology*, Jan 21. [Epub ahead of print] [CA; contribution: conceptualization, data interpretation, and drafting of manuscript; impact factor =3.76]
5. **Dennis, C-L.** (2014). Psychosocial interventions for the treatment of perinatal depression. *Best Practice & Research Clinical Obstetrics & Gynecology*, 28, 97-111. Epub 2013 Aug 28. [Epub ahead of print] [impact factor = 2.50]
6. Thorton, C., Schmied, V., **Dennis, C-L.**, Bennett, B., & Dahlen, H., (2013). Maternal deaths in New South Wales Australia (2000-2006) from non-medical causes (suicide and trauma) in the first year following birth. *BioMed Research International*, 2013, 623743 Epub Aug 19. [MA; contribution: data interpretation, and drafting of manuscript; impact factor = 2.9]
7. **Dennis, C-L.**, & Dowswell, T. (2013). Interventions (other than pharmacological, psychosocial, or psychological) for treating antenatal depression. *Cochrane Database Systematic Review*, Jul 31; 7: CD006795.[PA; contribution: conceptualization, design, data analysis, data interpretation, and drafting of manuscript; impact factor = 6.2]
8. Vigod, S., Tarasoff, L., Bryja, B., **Dennis, C-L.**, Yudin, M., & Ross, L. (2013). Relation between place of residence and postpartum depression. *Canadian Medical Association Journal*. 185, 1129-1135. [MA; contribution: conceptualization, data interpretation, and drafting of manuscript; impact factor = 8.2]
9. Dahlen, H., Schmied, V., **Dennis, C-L.**, & Thorton, C. (2013). Rates of obstetric intervention during birth and selected maternal and neonatal outcomes for low risk women born in Australia compared to those born overseas. *BMC Pregnancy and Childbirth*, 13, 100. [Epub ahead of print] [CA; contribution: data interpretation and drafting of manuscript; impact factor = 2.83]

10. **Dennis, C-L.**, Vigod, S., & Coghlan, M. (2013). Can we identify mothers at-risk for postpartum anxiety in the immediate postpartum period using the State-Trait Anxiety Inventory? *Journal of Affective Disorders*, 150, 1217-1220. [PA; contribution: conceptualization, design, data analysis, data interpretation, and drafting of manuscript; impact factor = 3.50]
11. *McQueen, K.*, Montelpare, W., & **Dennis, C-L.** (2013). Breastfeeding and Aboriginal women: Validation of the Breastfeeding Self-Efficacy Scale - Short Form. *Canadian Journal of Nursing Research*, 45, 58-75. [MA; contribution: conceptualization and drafting of manuscript; impact factor = N/A]
12. *McGregor, M.*, Coghlan, M., & **Dennis, C-L.** (2013). The effect of physician-based cognitive behavioural therapy among pregnant women with depressive symptomatology: A pilot quasi-experimental study. *Early Intervention in Psychiatry*, Epub July 15. [SA; contribution: conceptualization, design, data analysis, data interpretation, and drafting of manuscript; impact factor = 1.17]
13. Grigoriadis, S., VonderPorten, E.H., Mamisashvili, L., Eady, A., Tomlinson, G., **Dennis, C-L.**, Koren, G., Steiner, M., Mousmanis, P., Cheung, A., & Ross, L.E. (2013). The effect of prenatal antidepressant exposure on neonatal adaptation: A systematic review and meta-analysis. *Journal of Clinical Psychiatry*, 74, e309-320. [CA; contribution: design, data analysis, and drafting of manuscript; impact factor = 5.80]
14. Grigoriadis, S., VonderPorten, E.H., Mamisashvili, L., Tomlinson, G., **Dennis, C-L.**, Koren, G., Steiner, M., Mousmanis, P., Cheung, A., Radford, K., Martinovic, J., & Ross, L.E. (2013). The impact of maternal depression during pregnancy on perinatal outcomes: a systematic review and meta-analysis. *Journal of Clinical Psychiatry*, 74, e321-341. [CA; contribution: design, data analysis, and drafting of manuscript; impact factor = 5.80]
15. Grigoriadis, S., VonderPorten, E.H., Mamisashvili, L., Roerecke, M., Rehm, J., **Dennis, C-L.**, Koren, G., Steiner, M., Mousmanis, P., Cheung, A., & Ross, L.E. (2013). Antidepressant exposure during pregnancy and congenital malformations: Is there an association? A meta-analysis of the best evidence. *Journal of Clinical Psychiatry*, 74, e293-308. [CA; contribution: design, data analysis, and drafting of manuscript; impact factor = 5.80]
16. **Dennis, C-L.**, & Vigod, S. (2013). The relationship between postpartum depression, domestic violence, childhood violence, and substance use: Epidemiologic study of a large community sample. *Violence Against Women*, 19, 503-517. [SA; contribution: conceptualization, design, data analysis, data interpretation, and drafting of manuscript; impact factor = 1.33]
17. Otsuka, K., Taguri, M., **Dennis, C-L.**, Wakutani, K., Awano, M., Yamaguchi, T., & Jimba, M. (2013). Effectiveness of a breastfeeding self-efficacy intervention: Do hospital practices make a difference? *Maternal and Child Health Journal*, April 18 [Epub ahead of print] [CA; contribution: conceptualization, design and drafting of manuscript; impact factor = 2.24]
18. **Dennis, C-L.**, & Dowswell, T. (2013). Psychosocial and psychological interventions for preventing postpartum depression. *Cochrane Database Systematic Review*, February 28, 2:CD0001134. [PA; contribution: conceptualization, design, data analysis, data interpretation, and drafting of manuscript; impact factor = 6.2]
19. Ross, L.E., Grigoriadis, S., Mamisashvili, L., VonderPorten, E., Roerecke, M., Rehm, J., **Dennis, C-L.**, Koren, G., Steiner, M., Mousmanis, P., & Cheung, A. (2013). Selected pregnancy and delivery outcomes after exposure to antidepressant medication: A systematic review and meta-analysis. *JAMA Psychiatry*, 70, 436-443. [MA; contribution: conceptualization, design, data interpretation, and drafting of manuscript; impact factor = 12.03]
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113. **Dennis, C-L**. (2002). Breastfeeding initiation and duration: 1990-2000 literature review. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 31, 12-32. [impact factor = 0.63]
114. Blyth, R., Creedy, D., **Dennis, C-L**., Moyle, W., Pratt, J., & De Vries, S. (2002). The effect of maternal confidence on breastfeeding duration: An application of breastfeeding self-efficacy theory. *Birth*, 29, 278-284. [SA; contribution: design, data analysis, data interpretation, and drafting of manuscript; impact factor = 1.42]
115. **Dennis, C-L**., & Faux, S. (1999). Development and psychometric testing of the Breastfeeding Self-Efficacy Scale. *Research in Nursing & Health*, 22, 399-409. [PA; contribution: conceptualization, design, acquisition of data, data analysis, data interpretation, and drafting of manuscript; impact factor = 0.94]
116. **Dennis, C-L**. (1999). Theoretical underpinnings of breastfeeding confidence: A self-efficacy framework. *Journal of Human Lactation*, 15, 195-201. [impact factor = N/A].

Manuscripts Under Review

1. Vigod, S., **Dennis, C-L**., & Daskalakis, J. & Blumberger, D. (under review). Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy: A pilot trial protocol.
2. Abbass-Dick, J., Stern, S., Nelson, L., Watson, W., & **Dennis, C-L**. (under review). Effects of a co-parenting breastfeeding support intervention on exclusive breastfeeding: A randomized controlled trial.
3. Vigod, S., Walton, G., Ross, L., Stewart, D., Grigoriadis, S., & **Dennis, C-L**. (under review). Decisional conflict among women considering antidepressant medication use in pregnancy.
4. Howard, L., Molyneaux, E., **Dennis, C-L**., Rochat, T., Stein, A., & Milgrom, J. (under review). Perinatal mental health: Non-psychotic mental disorders in the perinatal period. *Lancet*.
5. Letourneau, N., Giesbrecht, G. **Dennis, C-L**., Bhogal, S., Tryphonopoulos, P., & Watson, B. (under review). Meta-analysis of postnatal (birth to one year) interventions aiming to improve maternal-infant attachment.
6. **Dennis, C-L**., Stewart, D., Merry, L., & Gagnon, A. (under review). Prevalence, continuation, and identification of postpartum depression among migrant and Canadian-born women: Results from a multi-centre study.
7. **Dennis, C-L**., Coghlan, M., & Fung, K. (under review). Psychometric assessment of the Edinburgh Postnatal Depression Scale responses among Canadian-born, immigrant, and recent immigrant mothers.
8. Esfahani, M., Fathizadeh, N., & **Dennis, C-L**. (under review). Breastfeeding self-efficacy and method of infant feeding in a prospective study in Isfahan, Iran.

Manuscripts In Progress

1. Abbass-Dick, J., & **Dennis, C-L.** (in progress). Fathers impact on breastfeeding intention, initiation, exclusivity and duration: A qualitative systematic review.
2. Abbass-Dick, J., & **Dennis, C-L.** (in progress). Applying a co-parenting framework to a breastfeeding intervention for couples.
3. **Dennis, C-L.** Vigod, S., Coghlan, M. & Fung, K. (in progress). Psychometric assessment of the State-Trait Anxiety Inventory responses among Canadian-born, immigrant, and recent immigrant mothers
4. **Dennis, C-L.**, Stewart, D., Saucier, J. F., & Gagnon, A., (in progress). Postpartum depression risk factors among refugee, asylum-seeking, and non-refugee immigrant women: Results from a Canadian prospective cohort study.
5. **Dennis, C-L.**, Schmied, V., (in progress). Breastfeeding outcomes among immigrant women: A systematic review.
6. **Dennis, C-L.**, & McQueen, K. (in progress). Breastfeeding Self-Efficacy Scale: A systematic review of psychometric studies.
7. **Dennis, C-L.**, McQueen, K., & Coghlan, M. (in progress). A review of breastfeeding self-efficacy interventions to impact breastfeeding initiation, duration, and exclusivity.
8. **Dennis, C-L.**, & Letourneau, N. (in progress) A systematic review of interventions to impact parenting among at-risk and depressed mothers.
9. **Dennis, C-L.**, Vigod, S., Coghlan, M. (in progress). Predictors of postnatal anxiety: Development of a multifactorial model.
10. **Dennis, C-L.**, Vigod, S., & Coghlan, M. (in progress). Postnatal anxiety across the postnatal period: A comparison between two Canadian cohorts.
11. **Dennis, C-L.**, Vigod, S., & Fung, K. (in progress). Postpartum health service utilization patterns among Canadian-born, immigrant, and recent immigrant mothers.
12. **Dennis, C-L.**, Thomb, B. (in progress). Development and psychometric testing of the Peer Support Evaluation Inventory.
13. **Dennis, C-L.**, & Coghlan, M. (in progress). Development and psychometric testing of the Childcare Stress Scale.
14. **Dennis, C-L.**, & Coghlan, M. (in progress). Development and psychometric testing of the Postpartum Partner Support Scale.
15. **Dennis, C-L.** Vigod, S., & Coghlan, M. (in progress). Maternal postpartum depression treatment preferences and efficacy: Results from a randomized controlled trial.
16. **Dennis, C-L.** Thomb, B., & Coghlan, M. (in progress). Predictors of maternal satisfaction and relationship continuation with peer support in the prevention of postpartum depression.

Non-Refereed Journal Publications

1. **Dennis, C-L.** (2009). Invited commentary: Training health visitors to identify and treat depressive symptoms with psychological approaches reduces postnatal depression. *Evidence-Based Mental Health*, 12, 83.
2. **Dennis, C-L.** (2009). Invited editorial: Preventing and treating postnatal depression: Comprehensive screening programmes and better organisation of care are key. *British Medical Journal*.338:a2975doi: 10.1136/bmj.a2975

3. **Dennis, C-L.** (2006). Invited commentary: Counselling and cognitive behavioural therapy reduce anxiety and depression in women with postnatal depression. *Evidence-based Mental Health*, 9, 50.
4. Stewart, D.E., Robertson, E., **Dennis, C-L.**, & Grace, S. (2004). An evidence based approach to postpartum depression. *World Psychiatry*, 3, 97-98. [CA]
5. **Dennis, C-L.**, & Hodnett, E. (2002). Individualized postpartum care by midwives resulted in improved mental health: A commentary. *Evidence-based Obstetrics and Gynecology*, 4, 175-176. [SA]

Books

1. Ross, L., **Dennis, C-L.**, Robertson, E., & Stewart, D.E. (2005). *Postpartum Depression: A guide for front-line health and social service providers*. Centre for Addiction & Mental Health. [CA] ISBN: 0-88868-485-1 [published in both English (2005) and French (2006)]

Book Chapters

1. **Dennis, C-L.**, Dowswell, T (2014). Psychosocial and psychological interventions for preventing postpartum depression. In *Perinatal Psychiatry: the legacy of Channi Kumar*, edited by Dr Carmine Pariante, Dr Sue Conroy, Dr Paola Dazzan, Professor Louise Howard, Dr Susan Pawlby, and Dr Trudi Seneviratne. Oxford University Press.
2. Ardiles, P., **Dennis, C-L.** & Ross, L. (2008). *Postpartum Depression among Immigrant Women*. In *Working with Immigrant Women: Issues and Strategies for Mental Health Professionals* edited by S. Guruge and E. Collins. Centre for Addiction & Mental Health. [CA] ISBN: 978-0-88868-535-3
3. Letourneau, N., Willms, J.D., & **Dennis, C-L.** (2007). The effects of maternal depression and family functioning on children's developmental outcomes. In *Successful Transitions: Findings from the National Longitudinal Survey of Children and Youth* edited by J.D. Willms. Human Resources and Skills Development Canada (HRSDC), paper series.
4. Letourneau, N.L., Fedick, C.B., Willms, J.D., **Dennis, C-L.**, Hegadoren, K., & Stewart, M.J. (2006). Longitudinal study of postpartum depression, maternal-child relationships, and children's behaviour at 8 years of age. In D.M. Devore (Ed.). *Parent-child relations: New research*, Pp. 1-19. Hauppauge, NY: Nova Science Publishers. [MA]

Research Reports

1. Stewart, D.E., Robertson, E., **Dennis, C-L.**, Grace, S.L., & Wallington, T. (2003). *Postpartum Depression: Critical Literature Review and Recommendations*. Toronto Public Health. [CA]
2. **Dennis, C-L.** (2002). Fraser Valley Health Region *Maternal Assessment Report: Results from the Postpartum Depression Longitudinal Study*. Fraser Valley Health Region, British Columbia.

Monographs

1. **Dennis, C-L.** (2001). *Mothers Helping Mothers with Postpartum Depression: A Peer Volunteer Training Handbook*. (121pages)
2. **Dennis, C-L.** (2000). *Mothers Helping Mothers with Breastfeeding: A Peer Volunteer Training Handbook*.

Published Abstracts

1. Gagnon, A., Wahoush, O., Dougherty, G., Saucier, J-F., **Dennis, C-L.**, Stanger, E., Palmer, B., Merry, L., & Stewart, D. Childbearing Health and Service Needs of Migrants and Refugees to Montreal, Quebec (Canada). EUROPEI 2009 European Congress Epidemiology for Clinical Medicine and Public Health. European Journal of Epidemiology, 24;suppl.1, page 26. August 26-30, 2009. Warsaw, Poland.
2. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, Brooks, D. (2007). Supporting the recovery experience of men and women following coronary artery bypass graft surgery using peer volunteers. European Journal of Cardiovascular Nursing, Volume 7, Pages S33 - S34 M.
3. **Dennis C-L.** (2005). Psychosocial and psychological interventions for the prevention of postnatal depression: A Systematic Review. *Evidenced Based Nursing*, 8, 76.
4. **Dennis, C-L**, Hodnett, E., Gallop, R., & Chalmers, B. (2002). The Effect of Peer Support on Breastfeeding Duration among Primiparous Women: A Randomized Controlled Trial. *Evidenced Based Nursing*, 5, 75.
5. **Dennis, C-L**, Hodnett, E., Gallop, R., & Chalmers, B. (2002). The Effect of Peer Support on Breastfeeding Duration among Primiparous Women: A Randomized Controlled Trial. *Evidenced Based Medicine*, 7, 156.

PRESENTATIONS

Referred Presentations (peer reviewed)

1. **Dennis, C-L.**, Ravitz, P. Grigoriadis, S., Jovellanos, M., Hodnett, E., Zupancic, J., & Kiss, A. A randomized controlled trial to evaluate the effect of telephone-based interpersonal psychotherapy for the treatment of postpartum depression. Canadian National Perinatal Research Meeting, Banff, Alberta, February 13, 2014.
2. **Dennis, C-L.**, Ravitz, P. Grigoriadis, S., Jovellanos, M., Hodnett, E., Zupancic, J., & Kiss, A. Postpartum depression telephone-based interpersonal psychotherapy treatment trial 3rd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Niagara Falls, Ontario, November 21-23, 2013.
3. **Dennis, C-L.**, McQueen, K., Stremler, R., Sellen, D., Walker, M., Zupancic, J., & Kiss, A. Women who are breastfeeding: Increasing self-efficacy to improve outcomes (WISE) trial. 3rd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Niagara Falls, Ontario, November 21-23, 2013.
4. Abbass-Dick, J., **Dennis, C-L.**, Nelson, L., Stern, S., & Watson, W. A randomized controlled trial to evaluate a co-parenting intervention among breastfeeding women and her partner on breastfeeding outcomes. 3rd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Niagara Falls, Ontario, November 21-23, 2013.
5. Chyzy, B., & **Dennis, C-L.** Postpartum Depression Among Adolescent Mothers: A Literature Review. 3rd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Niagara Falls, Ontario, November 21-23, 2013.
6. Jackson, K., **Dennis, C-L.**, Hodnett, E., & McGillion, M. The effect of lanolin for the treatment of nipple pain among breastfeeding women: A randomized controlled trial. 3rd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Niagara Falls, Ontario, November 21-23, 2013.
7. Morrell CJ, **Dennis C-L**, Sutcliffe P, Cantrell A, Scope A. A systematic review and evidence synthesis to evaluate the clinical- and cost-effectiveness of interventions to prevent postnatal depression. 33rd Annual Society For Reproductive And Infant Psychology conference University of Hull, Nottingham, UK, September 17, 2013.

8. Sellen, D., Mbugua, S., Webb Girard, A., Kalungu, S., Sarange, C., Lou, W., Duan, W., **Dennis, C-L.**, Nommsen-Rivers, L., Aidam, B., & Kamau-Mbuthia, E. A randomized controlled trial indicates benefits of cell phone based peer counseling to support exclusive breastfeeding in Kenya. International Union of Nutritional Sciences (IUNS) 20th International Congress of Nutrition, Granada, Spain, September 15- 20, 2013.
9. Mbugua, S., Kamau-Mbuthia, E., Webb Girard, A., Kalungu, S., Sarange, C., Lou, W., Duan, W., **Dennis, C-L.**, Nommsen-Rivers, L., Aidam, B., & Sellen, D. Process indicators for a randomized trial of cell phone based peer counseling to support exclusive breastfeeding in Kenya. IUNS 20th International Congress of Nutrition, Granada, Spain, September 15- 20, 2013.
10. Webb Girard, A., Mbugua, S., Kamau-Mbuthia, E., Kalungu, S., Sarange, C., Lou, W., Duan, W., **Dennis, C-L.**, Nommsen-Rivers, L., Aidam, B., & Sellen, D. Infant medication, illness and growth in a randomized controlled trial of exclusive breastfeeding support in Kenya. IUNS 20th International Congress of Nutrition, Granada, Spain, September 15- 20, 2013.
11. [plenary presentation] Vigod, S.N., Kurdyak, P.A., **Dennis, C-L.**, Leszcz, T., Taylor, V.H., Blumberger, D.M., & Seitz, D.P. Transitional interventions to reduce early psychiatric readmissions in adults: systematic review. Harvey Stancer Research Day. Department of Psychiatry, University of Toronto, Toronto, June 13, 2013.
12. Jackson, K., **Dennis, C-L.**, Hodnett, E., & McGillion, M. The effect of lanolin for the treatment of nipple pain among breastfeeding women: A randomized controlled trial. Preparing for the Healthcare System of Tomorrow, The University of Western Ontario Arthur Labatt Family School of Nursing, Sigma Theta Tau International Honor Society of Nursing 26th Annual Research Conference. London, Ontario, May 3, 2013.
13. **Dennis, C-L.**, & Vigod, S. Interpersonal Violence, Substance Abuse and Postpartum Depression: Results from a Population-based Study. International Biennial Congress of The Marcé Society, Paris, France, Oct 5, 2012.
14. Sellen, D.W., Kamau-Mbuthia, E., Mbugua, S., Webb Girard, A.L, Lou, W., **Dennis, C-L.**, & Aidam, B. Lessons Learned in Providing Peer Support through Cell Phones and Group Meetings to Increase Exclusive Breastfeeding in Kenya. International Society for Research in Human Milk and Lactation (ISRHML) 16th Conference Trieste, Italy, October 2012.
15. **Dennis, C-L.** Impact of Maternal and Paternal Postpartum Depression: Assessing Concurrent Depression in The Family (The IMPACT Study). [poster presentation] Investing in Mothers and Children: Developmental Trajectories, Health, Learning and Society, Connaught Global Challenge International Symposium, Fraser Mustard Institute for Human Development Symposium, Toronto, September 27, 2012.
16. Mehta, P., Carnevale, F., Gagnon, A.J., Bouris, S., Caux, C., Rousseau, H., Stewart, D.E., **Dennis, C-L.**, Wahoush, O., & Ciofani, L. Nursing Policy and Program Interventions Responsive to Migrant Maternal-Child Concerns Around the Time of Birth [poster presentation]. Canadian Association of Perinatal and Women's Health Nurses, Victoria, BC. October 27-29, 2011
17. Mehta, P., Carnevale, F., Gagnon, A.J., Bouris, S., Caux, C., Rousseau, H., Stewart, D.E., **Dennis, C-L.**, Wahoush, O., & Ciofani, L. Nursing Policy and Program Interventions Responsive to Migrant Maternal-Child Concerns Around the Time of Birth [poster presentation] 2011 Global Health Conference: Advancing health equity in the 21st Century, Montreal, QC. November 13-15, 2011.
18. Battle, C., **Dennis, C-L.** Ammerman, R., Flynn, H., Uebelacker, L. [symposium]. Novel Interventions for Perinatal Depression. 45th Annual Convention of the Association for Behavioral and Cognitive Therapies. Toronto, November 11, 2011.
19. **Dennis, C-L.**, & Weston, J. Psychosocial and Psychological Interventions for the Prevention of Postpartum Depression: an Updated Cochrane Systematic Review. 15th World Congress of Psychiatry (World Psychiatric Association), Buenos Aires, Argentina, Sept 18-22, 2011.

20. **Dennis, C-L.**, Ravitz, P., & Grigoriadis, S. Jovellanos, M. Hodnett, E., Ross, L., Kiss, A., & Zupancic, J. 4th Interpersonal Psychotherapy for the Treatment of Postpartum Depression: A Randomized Controlled Trial. International Conference on Interpersonal Psychotherapy, Amsterdam, Netherlands, June 23-24, 2011.
21. Vigod, S.N., Seeman, M.V., Ray, J.G., Anderson, G.M., **Dennis, C-L.**, Grigoriadis, S., Gruneir, A., Kurdyak, P.A., Rochon, P.A. Temporal trends in birth rates among women with schizophrenia in Ontario. Harvey Stancer Research Day. Department of Psychiatry, University of Toronto. Toronto, Ontario. June 17, 2011.
22. **Dennis, C-L.**, & Weston, J. Psychosocial and Psychological Interventions for the Prevention of Postpartum Depression: an Updated Cochrane Systematic Review. 37th Annual Harvey Stancer Research Day, June 16, 2011.
23. Jovellanos, M., **Dennis, C-L.**, Ravitz, P., & Grigoriadis, S. Using Standardized Patients to Help Assess an Applicant's Therapeutic Potential in a Psychotherapy Treatment Trial. Poster session presented at the annual meeting of the Society of Clinical Trials, Vancouver, May 7, 2011.
24. Grigoriadis, S., **Dennis, C-L.**, Bradley, L., Mamisashvili, L., Cheung, A., Steiner, M., Koren, G., Mousmanis, P., Ross, L.E. Short-term and long-term impact of untreated maternal depression on the child. Canadian Institutes for Health Research, Innovations in Gender, Sex and Health Research Conference. Toronto, Ontario. November 22-23, 2010
25. Grigoriadis, S., Ross, L.E., **Dennis, C-L.**, Bradley, L., Mamisashvili, L., Cheung, A., Steiner, M., Koren, G., Mousmanis, P. Effects of in utero exposure to antidepressant medication during pregnancy: A Metaanalysis. Canadian Institutes for Health Research, Innovations in Gender, Sex and Health Research Conference. Toronto Ontario. November 22-23, 2010
26. Dukhovny, D., **Dennis, C-L.**, Hodnett, E., Weston, J., Stewart, D., Kiss, A., & Zupancic, J. Prospective Economic Evaluation of a Peer Support Intervention for Prevention of Postpartum Depression among High Risk Women. Marce Conference, Pittsburgh, Pennsylvania, October 27-30, 2010.
27. **Dennis, C-L.** The Process of Developing and Implementing a Telephone-Based Breastfeeding Peer Support Program: Results from Two Randomized Controlled Trials. International Society for Research in Human Milk and Lactation (ISRHML) 15th Conference Lima, Peru, October 8-12, 2010.
28. **Dennis, C-L.** Breastfeeding Self-Efficacy: An Overview of Instrument Development Activities, Current Interventions, and Future Research Implications. International Society for Research in Human Milk and Lactation (ISRHML) 15th Conference Lima, Peru, October 8-12, 2010.
29. Sellen, D., Kamau-Mbuthia, Mbugua S, Webb Girard AL; Lou, W, **Dennis, C-L.**, Nommsen-Rivers, L., Aidam, B. Providing Peer Support Through Cell Phones and Group Meetings to Increase Exclusive Breastfeeding in Kenya. International Society for Research in Human Milk and Lactation (ISRHML) 15th Conference Lima, Peru, October 8-12, 2010.
30. Martinovic, J., Grigoriadis, S., **Dennis, C-L.**, Cheung, A., Steiner, M., Koren, G., Mousmanis, P., Radford, K., Eady, A., Mamisashvili, L., Ross, L.E. Short-term and long-term impact of untreated maternal depression on the child. Women's Mental Health, Building Networks and Research Capacity Conference. University of Toronto, Toronto, Ontario. October 1, 2010.
31. Grigoriadis, S., Ross, L.E., **Dennis, C-L.**, Bradley, L., Mamisashvili, L., Cheung, A., Steiner, M., Koren, G., Mousmanis, P. Outcomes associated with antidepressant medication use during pregnancy: A Metaanalysis. Canadian Psychiatric Association Annual Conference. Toronto, Ontario. September 2010.
32. Grigoriadis, S., Ross, L.E., **Dennis, C-L.**, Bradley, L., Mamisashvili, L., Cheung, A., Steiner, M., Koren, G., Mousmanis, P. Outcomes associated with antidepressant medication use during pregnancy: A Meta-analysis. Harvey Stancer Research Day 2010. Toronto, Ontario. June 2010.

33. Dukhovny, D., **Dennis, C-L.**, Hodnett, E., Weston, J., Stewart, D., Kiss, A., & Zupancic, J. Prospective Economic Evaluation of a Peer Support Intervention for Prevention of Postpartum Depression among High Risk Women, 2010 Pediatric Academic Societies' Annual Meeting, Vancouver, BC, May 1-4, 2010.
34. Gagnon, A J., Wahoush, O., Dougherty, G., Saucier, J-F., **Dennis, C-L.**, Stanger, E., Palmer, B., Merry, L., Stewart, DE. Childbearing Health and Service Needs of Migrants and Refugees to Montreal, Quebec (Canada). European Congress Epidemiology for Clinical Medicine and Public Health, Warsaw, Poland, August 26-30, 2009.
35. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Zupancic, J., Stewart, D., & Kiss, A. The Effect of Peer Support on the Prevention of Postpartum Depression Among High-Risk Women: A Multi-Site Randomised Controlled Trial. Canadian Public Health Association (CPHA) Annual Conference, Winnipeg, Manitoba, June 7-10, 2009.
36. Jovellanos, M., **Dennis, C-L.**, Ravitz, P., & Grigoriadis, S. Challenges in collecting data from potentially depressed mothers over the telephone. Poster session presented at the annual meeting of the Society of Clinical Trials, Atlanta, Georgia, May 2009.
37. Gagnon, A J., Wahoush, O., Dougherty, G., Saucier, J-F., **Dennis, C-L.**, Stanger, E., Palmer, B., Merry, L., Stewart, DE. Childbearing Health and Service Needs of Migrants and Refugees to Montreal, Quebec (Canada). 12th World Congress on Public Health, Istanbul, Turkey, April 27-May 1, 2009.
38. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Zupancic, J., Stewart, D., & Kiss, A. The Effect of Peer Support on the Prevention of Postpartum Depression Among High-Risk Women: A Multi-Site Randomised Controlled Trial. World Psychiatric Association International Congress Treatments in Psychiatry: A New Update, Florence, Italy, April 1-4, 2009.
39. Dawson, H., & **Dennis, C-L.** Changing Practice through the power of education: the development of an interdisciplinary training resource on perinatal mood disorders, Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Ottawa, Ontario, October 23-25, 2008.
40. Letourneau, N., Hauer, C., Duffett-Leger, L., Weeks, M., Stewart, M., Doucet, A., Benzies, K., & **Dennis, C-L.** Supporting Fathers Affected by Postpartum Depression in Their Partner: Results of a Pilot Study. Father Involvement Research: Diversity, Visibility, Community will take place in Toronto, Ontario, October 22-24, 2008.
41. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, & Brooks, D. The Pain Experience of Men and Women undergoing Coronary Artery Bypass Graft Surgery. 12th World Congress on Pain, Glasgow, Scotland, August 2008.
42. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Zupancic, J., Stewart, D., & Kiss, A. A randomized controlled trial to evaluate the effect of peer support in the prevention of postpartum depression among high-risk mothers. 34th Annual Harvey Stancer Research Day, University of Toronto, Department of Psychiatry, June 19-20, 2008.
43. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, & Brooks, D. Supporting the Recovery Experience of Men and Women following Coronary Artery Bypass Graft Surgery using Peer Volunteers. Nursing Research Conference, Kingston, Ontario, June 2008.
44. Jovellanos, M., **Dennis, C-L.**, Ravitz, P., & Grigoriadis, S. Recording clinical interviews and the revolution to digital technology. Poster session presented at the annual meeting of the Society of Clinical Trials, St. Louis, Missouri, May 2008.
45. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Zupancic, J., Stewart, D., & Kiss, A. A randomized controlled trial to evaluate the effect of peer support in the prevention of postpartum depression among high-risk mothers. 3rd International Congress on Women's Mental Health, Melbourne, Australia, March 19, 2008.

46. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, & Brooks, D. Unrelieved Pain in Men and Women following Coronary Artery Bypass Graft Surgery. Eighth Annual Spring Meeting on Cardiovascular Nursing, Malmo, Sweden, March 14-15, 2008.
47. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, & Brooks, D. Supporting the Recovery Experience of Men and Women following Coronary Artery Bypass Graft Surgery using Peer Volunteers. Eighth Annual Spring Meeting on Cardiovascular Nursing, Malmo, Sweden, March 14-15, 2008.
48. Letourneau, N., Hegadoren, K., Stewart, M., **Dennis, C-L.**, Willms, JD, Duffett-Leger, L., Duffett-Weeks, H., & Cluney, T. Mothers Offering Mentorship & Support (MOMS): An RCT to evaluate the effect of home-based peer support on maternal-infant interaction, infant health outcomes, and postpartum depression. Zero to Three Annual Conference, Orlando, FL, November 30-December 3, 2007.
49. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Stewart, D., Zupancic, J., & Kiss, A. A randomized controlled trial to evaluate the effect of peer support in the prevention of postpartum depression among high-risk mothers. Canadian Psychiatric Association annual conference, Montreal, November 17, 2007.
50. Parry, M., Watt-Watson, J., Hodnett, E., Tranmer, J., **Dennis, C-L.**, & Brooks, D. Peer Volunteers Support the At-Home Recovery Experience of Men and Women following Coronary Artery Bypass Graft Surgery. Ontario Hospital Association Health Achieve conference, Toronto, November 2007.
51. Letourneau, N., Hegadoren, K., Stewart, M., **Dennis, CL.**, Willms, JD, Duffett-Leger, L., Hiscock, C. & Cluney, T. Mothers Offering Mentorship & Support (MOMS): An RCT to evaluate the effect of home-based peer support on maternal-infant interaction, infant health outcomes, and postpartum depression. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) Annual Conference. Halifax, NS, October 18-20, 2007.
52. **Dennis, C-L.**, Hodnett, E., Kenton, L., Weston, J., Stewart, D., Zupancic, J., & Kiss, A. A randomized controlled trial to evaluate the effect of peer support in the prevention of postpartum depression among high-risk mothers. AWHONN Canada, Halifax, October 18, 2007.
53. Wheeler, B., & **Dennis, C-L.** Testing the Breastfeeding Self-Efficacy Scale among Mothers of ill and Preterm Infants. AWHONN Canada, Halifax, October 18, 2007.
54. Schottle, N., **Dennis, C-L.**, & Hodnett, E. Clarifying the Controversy of How to Treat Painful Damaged Nipples: A Pilot RCT Evaluating the Effectiveness of an All Purpose Nipple Ointment (APNO) and Lanolin. International Lactation Consultant Association, San Diego, California, August 17, 2007.
55. Schottle, N., **Dennis, C-L.**, & Hodnett, E. A pilot RCT evaluating the effectiveness of an all purpose nipple ointment (APNO) and lanolin in the treatment of painful damaged nipples in breastfeeding women. McMaster University School of Nursing, Nursing Research Day, Toronto, May 7, 2007.
56. Parry, M., Watt-Watson, J., Hodnett, E., Tramner, J., Brooks, D., & **Dennis, C-L.** Evidence-Based Initiatives in Acute Care. Sigma Theta Tau International 18th International Nursing Research Congress Focusing on Evidence-Based Practice, Vienna, Austria, July 11, 2007.
57. Boath, E., Henshaw, C., **Dennis, C-L.** & Cox, J. Postpartum depression treatment: An update and critical review. Marce Society (An international society for the understanding, prevention and treatment of mental illness related to childbearing) Conference, Staffordshire, UK, September 14, 2006.
58. Kenton, L., **Dennis, C-L.**, Hodnett, E., & Blair, A. When peer volunteers provide the intervention in a multi-site community-based trial: Some obvious and not-so-obvious challenges. Society for Clinical Trials, Orlando, Florida, May 2006.
59. Letourneau, N., Fedick, C. **Dennis, C-L.** Hegadoren, K., Stewart, M., and Willms, D. The Effects of Postpartum Depression on Children over Time. University of New Brunswick, Faculty of Nursing Research Day. Fredericton, April 26, 2006.

60. Letourneau, N., Duffett-Leger, L., Stewart, M., Drummand, J., Hegadoren, K., **Dennis, C-L.**, & Rinaldi, C. Postpartum Depression: Maternal and Service Providers' Perspectives of Support Needs. Atlantic Networks for Prevention Research Forum, October 24-26, 2005 at White Point Beach Resort in White Point, Nova Scotia.
61. Stremler, R. & **Dennis, C-L.** The Relationship between Infant Behaviors, Maternal Sleep Patterns, and Postpartum Fatigue. Associated Professional Sleep Societies 19th Annual Meeting, June 18-23, 2005 in Denver, Colorado.
62. Letourneau, N, Stewart, M., Drummand, J., Hegadoren, K., **Dennis, C-L.**, Rinaldi, C. Postpartum Depression: Maternal and Service Providers' Perspectives of Support Needs. 6th Advances in Qualitative Methods Conference, Edmonton, February 17-19, 2005.
63. **Dennis, C-L.** Psychosocial and psychological interventions for preventing postpartum depression: A Cochrane systematic review. Marce Society Conference, Oxford, UK, September 24, 2004.
64. **Dennis, C-L.** A Critical Review of Postpartum Depression Prevention Interventions. 2nd World Congress on Women's Mental Health, Washington, DC, March 19, 2004.
65. **Dennis, C-L.** Identifying High-Risk Mother in the Immediate Postpartum Period: Screening with the Edinburgh Postnatal Depression Scale. Sigma Theta Tau International, Honor Society of Nursing, 37th Biennial Convention, Toronto, November 3, 2003.
66. **Dennis, C-L.** The Effect of Peer Support on Postpartum Depression: A Pilot Randomized Controlled Trial. Sigma Theta Tau International, Honor Society of Nursing, 37th Biennial Convention, Toronto, November 3, 2003.
67. **Dennis, C-L.** Helping Breastfeeding Mothers with Postpartum Depression. Annual National Breastfeeding Seminar, Toronto, June 5-6, 2003
68. **Dennis, C-L.** Identifying High-Risk Mother in the Immediate Postpartum Period: Screening with the Edinburgh Postnatal Depression Scale. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Halifax, November 16, 2002.
69. **Dennis, C-L.**, Janssen, P. Development of a Multifactorial Predictive Model of Postpartum Depression. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Halifax, November 16, 2002
70. **Dennis, C-L.** The Effect of Peer Support on Postpartum Depression: A Pilot Randomized Controlled Trial. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Halifax, November 16, 2002
71. **Dennis, C-L.** The Breastfeeding Self-Efficacy Scale: Psychometric Testing of the Short form. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Halifax, November 16, 2002.
72. Lovato, C., **Dennis, C-L.**, Lisonkova, S. The Effectiveness of Nicotine Replacement Therapy on Smoking Outcomes among Adolescents Participating in a School-Based Smoking Cessation Program: A Pilot Study. 3rd National Conference on Tobacco or Health, Ottawa, December 2002.
73. **Dennis, C-L.** The Breastfeeding Self-Efficacy Scale: Developing and Psychometric Testing of the Short Form. University of Toronto, Faculty of Nursing, Research Day, Toronto, April 24, 2002.
74. **Dennis, C-L.**, Hodnett E, Chalmers B, Gallop R. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Seattle, June 3, 2000.
75. **Dennis, C-L.**, Faux S. The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale. AWHONN, Seattle, June 4, 2000.

76. **Dennis, C-L.**, Hodnett E, Chalmers B, Gallop R. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. University of British Columbia, Department of Pediatrics Annual Research Day, June, 2000.
77. **Dennis, C-L.**, Hodnett E, Chalmers B, Gallop R. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Canadian Public Health Association 90th Annual Conference, Winnipeg, June 6-9, 1999.
78. **Dennis, C-L.**, Hodnett E, Chalmers B, Gallop R. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. AWHONN, Winnipeg, May 14, 1999.
79. **Dennis, C-L.**, Faux S. The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale – poster. AWHONN, Winnipeg, May 14, 1999.
80. **Dennis, C-L.**, Hodnett E, Chalmers B, Gallop R. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women – poster. First International Research Utilization Conference, Faculty of Nursing, University of Toronto, Toronto, April 24, 1998.
81. **Dennis, C-L.** Peer Support: Theoretical Underpinnings and Future Research Possibilities. IWK Grace Health Centre 20th Annual Perinatal Nursing Conference, Halifax, April 2, 1998.
82. **Dennis, C-L.**, Faux S. The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale – poster. IWK Grace Health Centre 20th Annual Perinatal Nursing Conference, Halifax, April 2, 1998.
83. **Dennis, C-L.**, Faux S. The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale. Sigma Theta Tau, Iota Omicron Chapter Research Day, Faculty of Nursing, University of Western Ontario, London, May 3, 1995.
84. **Dennis, C-L.**, Faux S. The Development and Psychometric Testing of the Breastfeeding Self-Efficacy Scale, Sigma Theta Tau, Lambda Pi Chapter Research 95, Faculty of Nursing, University of Toronto, Toronto, April 1995.

Invited Presentations

1. [keynote] The Impact of Parental Mental Health on Attachment, Child Development, and the Family. Postpartum Adjustment Coalition (PAC). Kingston, Ontario. February 6, 2015.
2. [keynote]. Perinatal Mood Disorders Update. Durham Region Public Health, Reproductive and Child Health Program, October 21, 2014.
3. Perinatal Depression: Impact on the Family and Evidence-Based Interventions. Champlain Maternal Newborn Regional Program (CMNRP), 4th Annual CMNRP conference, Ottawa, May 27, 2014.
4. Telephone-based Interventions for Women with Postpartum Depression. New York City Department of Health & Mental Hygiene. New York City, NY, May 2, 2014,
5. Perspectives on program fidelity as applied to early childhood development programs in the public health – An academic perspective. Public Health Ontario's annual The Ontario Public Health Convention (TOPHC), Toronto, April 1, 2014.
6. Perinatal Mood Disorders: Translating Best Evidence into Practice: Current Research and the Northeastern Ontario Strategy. Best Start Resource Centre Annual Conference, Toronto, February 24, 2014.
7. Perinatal Depression: Impact on Children and Current Management Strategies. The Community Action Program for Children (CAPC) and the Canada Prenatal Nutrition Program (CPNP) training [two programs financed by the Public Health Agency of Canada (PHAC)], Hospital for Sick Children, Toronto, February 5, 2014

8. [workshop] Perinatal mental health and midwifery. The Balancing Act: Sustaining Midwifery (annual conference), Association of Ontario Midwives. Hamilton (Ontario), December 6, 2013.
9. Current Evidence for the Identification, Prevention, and Treatment of Postpartum Depression. Ontario Ministry of Education. Toronto, November 28, 2013.
10. [keynote] Current Evidence for the Identification, Prevention, and Treatment of Postpartum Depression. Life with a Baby, Building Strong Families Conference sponsored by York Region, Trillium Foundation, and York Child Development & Family Services, Toronto, November 27, 2013.
11. [keynote] Detection, prevention, and treatment of postpartum depression: Best evidence, Sidra Symposia Series, The [Sidra](#) Medical and Research Center, Doha, Qatar, November 12, 2013.
12. [workshop] Telephone-Based Interpersonal Psychotherapy for the Treatment of Postpartum Depression. Perinatal Mental Health: Optimizing Maternal Treatment to Improve Infant Outcomes Conference, sponsored by the Asher Center for Research and Treatment of Depressive Disorders at Northwestern Feinberg School of Medicine, the Marce International Society, Chicago, November 6, 2013
13. [keynote] Psychosocial and psychological interventions for the prevention of postpartum depression: A Cochrane systematic review. Nordic conference on maternal mental health, Centre for Child and Adolescent Mental Health Eastern and Southern, Oslo, Norway, October 21, 2013.
14. [keynote] Telephone-based peer support for the prevention of postpartum depression: A multisite randomized controlled trial Nordic conference on maternal mental health, Centre for Child and Adolescent Mental Health Eastern and Southern, Oslo, Norway, October 22, 2013.
15. [keynote] Implementing postpartum depression screening activities and care pathways. Strengthening Families Maternal Child Health Program. Assembly of Manitoba Chiefs Manitoba, Winnipeg, Manitoba, October 8, 2013.
16. An RCT to evaluate the effect of enhancing breastfeeding self-efficacy to improve exclusivity rates among breastfeeding women. Hospital for Sick Children, Pediatric Outcomes Research Team (PORT). Research rounds, September 19, 2013.
17. [workshop] Perinatal mental health and midwifery. The Balancing Act: Sustaining Midwifery (annual conference), Association of Ontario Midwives. Hockley Valley Resort (Ontario), May 6, 2013.
18. [keynote] Parental depression and infant development: potential areas for intervention. Expanding Horizons for The Early Years: Promoting Mental Health from Conception and Beyond (2013 National Institute). Hospital for Sick Children, Infant Mental Health Promotion. Toronto, April 16, 2013.
19. Can we prevent postnatal depression? Results from a Canadian multisite randomized controlled trial. University of Nottingham, School of Nursing, Midwifery and Physiotherapy. Nottingham, UK, April 10, 2013.
20. [keynote] Identifying postpartum depression: Screening activities and care pathways. Strengthening Families Maternal Child Health Program. Assembly of Manitoba Chiefs Manitoba, Winnipeg, Manitoba, December 5, 2012.
21. [keynote] Examining the impact of postpartum depression on the family. Towards Flourishing Knowledge Exchange Event, Winnipeg Regional Health Authority and University of Manitoba, Winnipeg, Manitoba November 29, 2012.
22. Building an evidence-base for models of peer support in contemporary health services, University of Western Sydney, School of Nursing and Midwifery, Sydney Australia, July 12, 2012.
23. [workshop] The use of standardised measures in cross cultural research. Researching Across Cultures Workshop. University of Western Sydney, Sydney Australia, July 18, 2012.

24. [keynote] Preventing postpartum depression: Perspectives from Canada. Maternity, Mothers and Mental Health: 2012 Mothering Conference, University of Western Sydney, Sydney Australia, July 17, 2012.
25. Building an evidence-base for models of peer support in contemporary health services, University of Western Sydney, School of Nursing and Midwifery, Sydney Australia, July 12, 2012.
26. Impact of Maternal and Paternal Postpartum Depression: Assessing Concurrent Depression in the Family (IMPACT Study). Women's College Research Institute, Research Rounds, Toronto, June 15, 2012.
27. Management of Postpartum Depression. ECHO, Improving Women's Health in Ontario, Women's Mental Health: An Interprofessional Education Day for Ontario Practitioners, Toronto, March 22, 2012.
28. Management of Depression in Pregnancy and the Postpartum Period. Sunnybrook Hospital Medical Grand Rounds, Toronto, February 1, 2012.
29. Peer Training and the Provision of Supportive Counselling. Centre for Child and Adolescent Mental Health Eastern and Southern Norway/National Network for the Study of Infant Mental Health, Oslo, Norway, January 20, 2012.
30. [workshop with Dr. Nicole Letourneau] Perinatal Parental Depression and Infant Mental Health and Developmental Outcomes. Infant Mental Health Promotion, Hospital for Sick Children, Toronto, November 21, 2011.
31. [keynote] Psychosocial and Psychological Interventions for the Prevention of Postpartum Depression: an Updated Cochrane Systematic Review. Perinatal Mood Disorders Research Update. City of Hamilton Central West Perinatal Mood Disorders Network, Hamilton, Ontario, November 3, 2011.
32. Innovative interventions for the prevention and treatment of postpartum depression among mothers and fathers. University of Michigan, Department of Psychiatry, Grand Rounds, Ann Arbor, Michigan, November 2, 2011.
33. Understanding Postpartum Depression and the Impact on Breastfeeding. 21st National Breastfeeding Conference, Mother-Baby Initiative: Putting the Mother into the Baby-Friendly Initiative, Toronto, October 20, 2011.
34. Developing and Implementing a Breastfeeding Peer Support Program: Tips and lessons learned. 21st National Breastfeeding Conference, Mother-Baby Initiative: Putting the Mother into the Baby-Friendly Initiative, Toronto, October 20, 2011.
35. Psychosocial and Psychological Interventions for the Prevention of Postpartum Depression: an Updated Cochrane Systematic Review. Perinatal Psychiatry in the 21st Century: The legacy of Channi Kumar, International Conference, Institute of Psychiatry, London, UK, May 19th-20th, 2011.
36. [keynote] Prevention and Treatment of Postpartum Depression, Postpartum Depression Conference, Milan, Italy, March 10, 2011.
37. [keynote] Future Direction of the Management of Postpartum Depression. Ontario Ministry of Children and Youth, Healthy Babies Healthy Children Directors Annual Meeting. Toronto, January, 2010.
38. [keynote] Future Direction of the Management of Postpartum Depression. Ontario Ministry of Children and Youth, Healthy Babies Healthy Children Nurse Practitioner Annual Meeting. Toronto, September 24, 2010.
39. Perinatal/Postpartum Depression: Current Knowledge. Pregnancy and Birth Annual Conference, Current Clinical Issues, Centre for Mother, Infant and Child Research, Sunnybrook Health Sciences Centre, Toronto, December 10, 2010.
40. Postpartum Depression Peer Support Prevention Trial and Economic Evaluation. Jewish General Hospital - Psychosocial Research Axis Speaker Series, Montreal, December 8, 2010.

41. Innovative Research in Postpartum Depression. Alumni Lifelong Learning Series, Centre for Advanced Studies in Professional Practice, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto, September 29, 2010.
42. Innovative Interventions for Postpartum Depression. Ontario Ministry of Children and Youth, Toronto, September 24, 2010.
43. Innovative Interventions in the Prevention and Treatment of Postpartum Depression. Mt. Sinai Hospital, grand rounds, Toronto, January 8, 2010.
44. Can We Prevent Postpartum Depression among High Risk Women: Results from a Multi-Site Randomized Controlled Trial. University of Massachusetts, Faculty of Medicine, Worcester, Massachusetts November 12, 2009.
45. [keynote] Postpartum Depression Screening Using the Edinburgh Postnatal Depression Scale. The Perinatal Mood Disorder Task Force, The Mental Health Association of Niagara County conference: Addressing Symptoms of Postpartum Depression Through Comprehensive Risk Assessment and Intervention: A Conference Focusing on Postpartum Depression, November 5, 2009.
46. [keynote] Successfully Intervening through Supportive Phone Contact. The Perinatal Mood Disorder Task Force, The Mental Health Association of Niagara County conference: Addressing Symptoms of Postpartum Depression Through Comprehensive Risk Assessment and Intervention: A Conference Focusing on Postpartum Depression, November 5, 2009.
47. A Randomized Controlled Trial to Evaluate the Effect of Peer Support on the Prevention of Postnatal Depression. Women's College Hospital, grand rounds, September 18, 2009.
48. [keynote] Postpartum Depression Peer Support Trial. The Perinatal Mood Disorder Task Force, The Mental Health Association of Niagara County conference: Community Intervention for Mood Disorders of Pregnancy in High Risk Women. Niagara University, Niagara Falls, New York, USA. June 2, 2009.
49. [keynote] Screening for Postpartum Depression. The Perinatal Mood Disorder Task Force, The Mental Health Association of Niagara County conference: Community Intervention for Mood Disorders of Pregnancy in High Risk Women. Niagara University, Niagara Falls, New York, USA. June 2, 2009.
50. Postpartum Depression Peer Support Trial: Implications for Immigrant Women. Hong Fook Mental Health Association annual conference: Diversity and Equity in Mental Health/Addiction: From Policy to Practice to Policy. Toronto, May 28, 2009.
51. [keynote] Methodological and Practical Challenges of Designing and Conducting Peer and Telephone-Based Interventions. Quebec Interuniversity Nursing Intervention Research Group (GRIISIQ), Montreal, May 14, 2009.
52. [keynote] A Randomized Controlled Trial to evaluate the Effect of Peer Support on the Prevention of Postnatal Depression. RNAO Childbirth Nurses Interest Group annual meeting, Toronto, April 25, 2009.
53. [keynote] Introduction to Postpartum Depression and the Postpartum Depression Peer Support Trial. Perinatal Mood Disorder Forum. Best Start Resource Centre, Toronto, June 12, 2008.
54. The Postpartum Depression Prevention Trial: A Randomized Controlled Trial among High Risk Women. Ontario's Early Years Programs in Community Health Centre's conference. Critical Connections: Building Resiliency in a Diverse World. Toronto, February 26, 2008.
55. The Postpartum Depression Prevention Trial: A Randomized Controlled Trial among High Risk Women. Toronto Public Health Postpartum Depression Educational Workshop. January 11 and February 1, 2008.
56. [workshop] Postpartum Depression Detection, Prevention, and Treatment. Southlake Regional Hospital. Newmarket, Ontario, January 22, 2008.

57. The Postpartum Depression Prevention Trial: A Randomized Controlled Trial among High Risk Women. Humber River Regional Hospital. Mental Health Grand Rounds. Toronto, December 7, 2007.
58. Postpartum Depression Detection, Prevention, and Treatment. Toronto Public Health key stakeholder meeting on postpartum depression. Toronto, November 30, 2007.
59. [keynote] An Overview of Postpartum Depression: From Detection to Treatment. Postpartum Mood Disorders in Focus: A Forum for Knowledge, Discussion, and Action. Brampton, November 2, 2007.
60. [keynote] A Randomized Controlled Trial to Evaluate the Effect of Peer Support in the Prevention of Postpartum Depression among High-risk Mothers. Postpartum Mood Disorders Forum: How Can We Best Serve Our Community? Halton Health Region, September 11, 2007.
61. [keynote] Evidence-based Practice for Breastfeeding. Tulane University, New Orleans, August 17, 2007.
62. [keynote] Postpartum Depression: An Overview and Effective Interventions. Perinatal Partnership Program of Eastern and Southeastern Ontario, Current Issues in Perinatal Care Annual Conference, Ottawa, June 1, 2007.
63. [workshop] Identification, Prevention, and Treatment of Postpartum Depression. Kitchener/Waterloo Public Health Department, April 25, 2007.
64. Postpartum Depression Interpersonal Psychotherapy Trial. Ministry of Child and Youth Services. Healthy Babies Healthy Children, annual meeting of provincial directors and managers, March 29, 2007.
65. Understanding Postpartum Depression. Public Health Agency of Canada, Ottawa, November 7, 2007.
66. Prevalence and Importance of Postpartum Depression. XVIII FIGO World Congress of Gynecology and Obstetrics, Kuala Lumpur, Malaysia, November 9, 2006. (presented by Dr. Ellen Hodnett due to my maternity leave)
67. Importance of Breastfeeding. XVIII FIGO World Congress of Gynecology and Obstetrics, Kuala Lumpur, Malaysia, November 10, 2006. (presented by Dr. Ellen Hodnett due to my maternity leave)
68. [workshop] Identification, Prevention, and Treatment of Postpartum Depression. Guelph-Wellington Public Health Department, April 25, 2006.
69. Identification and Treatment of Postpartum Depression. Ontario Ministry of Health and Long-Term Care Early Childhood Development – Addictions Annual Conference, Toronto, March 24, 2006.
70. Psychosocial and Psychological Intervention for Preventing Postpartum Depression: A Systematic Review. The University of Birmingham, Department of Public Health and Epidemiology, Birmingham, UK, February 22, 2006.
71. Postpartum Depression and Immigrant Women. Best Start Conference, Toronto, January 16, 2006.
72. [keynote] The Relationship between Postpartum Depression and Breastfeeding. Mexico City, Mexico, November 10, 2005.
73. [keynote] Postpartum Depression among Socially Disadvantaged Women. Scarborough Women’s Centre, annual fundraising event. October 22, 2005.
74. [keynote] Screening for Postpartum Depression. North American Society for Psychosocial Obstetrics and Gynecology (NASPOG): Toronto Chapter. October 11, 2005.
75. [keynote] The Detection and Prevention of Postpartum Depression: What can Health Professionals Do? Postpartum Depression: Myths and Realities Conference, Fredericton, New Brunswick, October 7, 2005.

76. [workshop] Identification, Prevention, and Treatment of Postpartum Depression. Barrie Public Health Department. September 23, 2005.
77. The Detection and Prevention of Postpartum Depression. Durham Region Postpartum Depression Conference, April 21, 2005.
78. Postpartum Depression. Metro Mothers' Group, Toronto Fairlawn United Church, February 25, 2005.
79. Postpartum Depression. Metro Mothers' Group, Toronto Glenview United Church, February 2, 2005.
80. The Impact of Recent Immigrant Status on the Development of Postpartum Depression. Centre for Addiction and Mental Health, January 28, 2005.
81. Understanding Postpartum Depression Help-Seeking Barriers and Treatment Preferences. Oxford-Middlesex Health Region. November 19, 2004.
82. The Postpartum Depression Peer Support Trial: Relevance for Clinical Practice. Peel Public Health Depression, Family Health Division, October 5, 2004.
83. A Critical Review of Postpartum Depression Prevention Interventions. Centre for Addiction & Mental Health, March 9, 2004.
84. The Detection, Prevention, and Treatment of Postpartum Depression. Toronto Public Health. November 26, 2003.
85. Preventing Postpartum Depression. Women's Mental Health Day, Faculty of Medicine, Department of Psychiatry, University of Toronto, October 23, 2003.
86. Understanding Breastfeeding: A Critical Appraisal of Initiation and Duration Influences. University of Toronto, Faculty of Nursing, September 13, 2002.
87. Developing a Program of Research: The Application of Theory and Research. University of Manitoba, Faculty of Nursing, January 31, 2002.
88. The Postdoctoral Research Experience: Developing a Program of Research. Centre for Community Health & Health Evaluation Research, University of British Columbia, November 9, 2001.
89. Peer Support: Theoretical Underpinnings, Research Initiatives, and Application to Self-Help Groups. Comox Valley Health Region, July 4, 2001.
90. [keynote] Postpartum Depression and Breastfeeding: Nursing Interventions and Current Research Initiatives. BC Perinatal Nurses Interest Group Annual General Meeting, May 28, 2001.
91. Peer Support: Theoretical Underpinnings and Benefits for New Mothers and Babies. BC Infant Development Program, May 18, 2001.
92. Self-Help Groups: Health Benefits and Overcoming Barriers to Collaboration. Self-Help Resource Association of British Columbia, March 29, 2001.
93. Peer Support: Theoretical Underpinning and Research Initiatives. University of British Columbia, Faculty of Medicine, Department of Health Care & Epidemiology, January 19, 2001.
94. Postpartum Depression and Breastfeeding: Nursing Interventions and Current Research Initiatives. Vancouver Health Region, Health Beginnings Best Practice Group, October 31, 2000.
95. A Program of Research in Perinatology: Breastfeeding and Postpartum Depression. Richmond Health Region, Healthy Beginnings Best Practice Group, September 27, 2000.

96. Breastfeeding Peer Support Trial. University of British Columbia, School of Nursing, September 17, 2000.
97. Postpartum Depression: Future Research Initiatives. Fraser Valley Health Region, Regional Meeting, June 26, 2000.
98. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Maternal, Infant, and Reproductive Health Research Unit (MIRU), University of Toronto, June 19, 1999.
99. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Faculty of Nursing, University of Toronto, June 18, 1999.
100. [keynote] The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Ontario Public Health Meeting: Halton Health Region. June 17, 1999.
101. The Effect of Peer Support on Breastfeeding Duration among Primiparous Women. Centre for Community Health & Health Evaluation Research, University of British Columbia, May 26, 1999.

TEACHING ACTIVITIES

Graduate Student Supervision

Student Name	Program	Year		Supervisor	Committee Members
		Start	Finish		
DOCTORAL STUDENTS (PhD)					
Barbara Chyzyy	U of T – Nursing	2012	Ongoing	C-L Dennis	L. Nelson; J. Stinson; S. Vigod
	<u>Title: A pilot randomized controlled trial to evaluate the effect of telephone-based peer support on the prevention of postpartum depression among pregnant adolescents</u>				
	2013 Registered Nurses' Foundation of Ontario (RNFOO) Maternal Child Nurses' Interest Group (MCNIG) Doctorate Scholarship – \$1000 2013 School of Graduate Studies Conference Grant – \$400 2013 Queen Elizabeth II Graduate Scholarship in Science and Technology - Bill and Dorothy Palm – \$15,000 2014 Registered Nurses Association of Ontario (RNAO) Community Health Nurses Initiatives Group Research Award – \$1500 2014 Community Health Nurses Initiatives' Group Professional Development Bursary – \$1000 2014 Nursing Research Interest Group Graduate Scholarship –\$1500				
Ping Zou	U of T – Nursing	2011	Ongoing	M. Parry	C-L Dennis, R. Lee
	<u>Title: Examination of the Dietary Approach to Stop Hypertension for Chinese Canadians (DASH-CC): A Pilot Randomized Controlled Trial in a Community Setting</u>				
	2013 RNFOO Provincial Nurse Educators Interest Group (PNEIG) Research Award – \$5000 2013 Canadian Council of Cardiovascular Nurses (CCCN) Research Grant –\$5,000 2013 Queen Elizabeth II Graduate Scholarship in Science and Technology – Heart and Stroke Foundation of Ontario - \$15,000 2013 University of Toronto Fellowship – \$2,573 2013 RNAO Nursing Education Initiative –\$1,500 2013 School of Graduate Studies University of Toronto Conference Grant – \$350 2014 RNFOO Community Health Nurses Initiatives Group Research Award – \$1500				
Efrosini Papaconstantinou	U of T – Nursing	2009	Ongoing	R. Stremler	E. Hodnett, C-L Dennis (joined committee in 2013)
	<u>Title: The feasibility and acceptability of a behavioural-educational intervention – the Relax to Sleep program – to increase pediatric sleep during hospitalization: A pilot randomized controlled trial</u>				
Jennifer Abbass	U of T – Nursing	2009	2013	C-L Dennis	L. Nelson, B. Watson
	<u>Title: A randomized controlled trial to evaluate the effect of a co-parenting breastfeeding support intervention on exclusive breastfeeding rates at twelve weeks postpartum among primiparous mothers and fathers</u>				
	<u>Awards:</u> 2009 Dorothy and Bill Palm Graduate Scholarship in Science and Technology Award, The Women's College Hospital Foundation –\$15,000 2010 RNFOO Prenatal and Parenthood Educational Research Award – \$3,000 2011 Ontario Graduate Scholarship – \$15,000				
Kim Allen	U of T – Nursing	2007	2013	C-L Dennis	M. McGillion; E. Hodnett
	<u>Title: RELiEF: A randomized controlled trial to evaluate the effect of lanolin and expressed breast milk for the treatment of nipple pain among breastfeeding women</u>				

	<u>Awards:</u> 2008 RNAO Childbirth Nurses Interest Group Scholarship –\$1000 2009 Soroptomist Foundation of Canada – \$7500 2010 RNFOO Maternal Child Nurses' Interest Group Scholarship – \$1000 2011 RNFOO Prenatal & Parenthood Education Research Award – \$1,500 2011 University of Toronto Doctoral Completion Award – \$18,046.87				
Shelley Doucet	University of New Brunswick – Interdisciplinary Studies	2007	2010	N. Letourneau	C-L Dennis ; J. Stoppard; E. Robertson-Blackmore
	<u>Title:</u> <i>Postpartum psychosis: Support needs of mothers and fathers</i>				
	<u>Awards:</u> 2007 - CIHR Doctoral Award				
Leinic Chung-Lee	U of T – Nursing	2006	Discontinued 2010	C-L Dennis	D. Sellen; K. Fung
	<u>Title:</u> <i>A longitudinal study examining infant feeding outcomes among recent immigrant and Canadian-born mothers</i>				
	<u>Awards:</u> 2007 RNFOO's Prenatal & Parenthood Education Services Award – \$2000 2007 Faculty of Nursing Rosella Cunningham Memorial Fellowship – \$1900 2008 RNAO's Nursing Research Interest Group Open Research Grant – \$2000 2008 RNFOO's Prenatal & Parenthood Education Services Research Award – \$3000				
Karen McQueen	U of T – Nursing	2005	2009	C-L Dennis	R. Stremler; C. Norman
	<u>Title:</u> <i>Improving breastfeeding outcomes: A pilot randomized controlled trial of a self-efficacy intervention with primiparous mothers</i>				
	<u>Awards:</u> 2008 The Helen Marion Walker – Soroptomist Women's Health Research Scholarship, Women's College Hospital Foundation – \$10,000 2008 RNAO Childbirth Nurses Interest Group Scholarship – \$1000				
Marla McGregor	U of T – OISE	2004	2008	C-L Dennis	L. Stermac; N. Piran
	<u>Title:</u> <i>A pilot quasi-experimental study to determine the feasibility in evaluating the effectiveness of family physician-based cognitive behavioural therapy among pregnant women with depressive symptomatology</i>				
Monica Parry	U of T – Nursing	2003	2008	J. Watt-Watson	J. Tramner; E. Hodnett; C-L Dennis ; D. Brooks
	<u>Title:</u> <i>A pilot randomized controlled trial to evaluate the effect of a home-based exercise program and telephone-based peer support on quality of life among patients recovering from coronary artery bypass graft surgery</i>				
MASTERS STUDENTS					
Marion Mossman	MSN – University of Manitoba	2003	2006	M. Heaman	C-L Dennis
	<u>Title:</u> <i>The psychometric evaluation of the Breastfeeding Self-Efficacy Scale among adolescent mothers</i>				
Dawn Kingston	MSN – McMaster University	2003	2004	S. Dore	W. Sword; C-L Dennis
	<u>Title:</u> <i>An examination of sources of information to increase breastfeeding self-efficacy</i>				
Linda Bachman	MSN – University of British Columbia	2000	2002	C-L Dennis	P. Ratner
	<u>Title:</u>				
Pam Monroe	MSN – University of British Columbia	2000	2002	C-L Dennis	P. Ratner

Title:					
UNDERGRADUATE STUDENTS					
Emily Hodge	BScN – U of T	2005	2006	C-L Dennis	N/A

Graduate Courses

COURSE	TITLE	DESCRIPTION	TERM
NUR1090	Measurement and Data Quality	Elective doctoral level course	2011, 2013
NUR1052	Perinatal Nursing Science	Elective graduate course	2006, 2007, 2011, 2013
NUR1072	Practice Scholarship	Required graduate practicum	2005, 2006, 2007
NUR1022	Research Design, Appraisal, and Utilization	Required graduate course	2003, 2004, 2005, 2006

SCHOLARLY AND PROFESSIONAL ACTIVITIES

Selected Expert Advisor Activities

1. *Ministry of Children and Youth Services*. I am one of five experts invited by the Ministry of Children and Youth Services, Early Learning and Child Development Branch to review an updated Health Babies Healthy Children (HBHC) program (province-wide health service) screening tool that is administered to all new mothers. The purpose of this screening tool is to identify at-risk mothers who may require further intervention to promote positive maternal and child health outcomes. Currently, the revised screening tool is being pilot tested. Phase I of the pilot test found that the sensitivity and specificity of the tool was optimal using a cut-off of > 2. Phase II of the pilot test is underway and is examining three different screening delivery models using this cut-off.
2. *Ministry of Children and Youth Services*. I was invited by the Medical Officers of Health and Healthy Babies Healthy Children (HBHC) program directors to be a member of an Advisory Committee. The Ministry of Children and Youth Services is currently strengthening both the screening and home visiting components of the HBHC program while also addressing the inefficiencies of the current delivery model. The role of the Advisory Committee is to provide advice on how best to move forward with the program improvements.
3. *ECHO: Improving Women's Health in Ontario*. I was invited to be a member of the Core Committee which articulated guidelines for postpartum depression identification and treatment with the aim of moving towards province-wide standards of practice.
4. *Best Start Resource Centre and the Ontario Breastfeeding Committee*. I was invited to be on an Advisory Committee to revise the Baby-Friendly Common Messages document. The goal was to make this resource into a province-wide and easily accessible document to promote the Baby-Friendly Initiative across Ontario. This resource was published in 2013.
5. *ECHO: Improving Women's Health in Ontario* (2011). I was one of 10 researchers/health professionals invited to participate in a province-wide round table on postpartum depression with the goal of moving towards standards of practice for Ontario (2011). A report from this meeting was developed and disseminated to the Ministry of Health and Long-Term Care.
6. *Beyondblue: The national depression initiative* (Australia) (2010). Reviewer for the "Clinical practice guidelines for depression and related disorders – anxiety, bipolar disorder and puerperal psychosis – in the perinatal period: A guideline for primary care health professionals."
7. *Toronto Public Health* (2009-2010). Toronto Public Health recently conducted a research study to identify rates

and patterns of breastfeeding among first-time Toronto mothers. The study also explored factors associated with breastfeeding, including hospital and community-related factors. A final report was developed entitled: *Breastfeeding in Toronto: Promoting Supportive Environments*. I was requested by Toronto Public Health to be a consultant for this study where I assisted with data analysis and interpretation. I also edited the summary and technical reports. It is anticipated that we will submit this work for publication in a peer-reviewed journal.

8. *Provincial Council for Maternal and Child Health* (2009-2010). The Provincial Council for Maternal and Child Health (PCMCH) has two distinct roles. First, the Council is an expert advisory body responding to the needs of the Ministry of Health and Long Term Care and other Ministries on issues, priorities, and strategies for the maternal, newborn, child and youth health care system in Ontario. Secondly, the Council is a resource to the maternal, newborn, child and youth health care system in Ontario to support system improvement. I was an invited member of the Maternal-Newborn Advisory Committee, Breastfeeding Services and Supports work group. The work group identified: (1) leading best practices related to increasing and sustaining breastfeeding initiation and duration rates; (2) priority areas for enhanced breastfeeding services, (3) areas where greater system integration is necessary, and (4) low-cost, evidence-informed, and cost-effective recommendation and options to improve rates of breastfeeding initiation and duration. These recommendations were presented to the PCMCH.
9. *Best Start Resource Centre* (2007-2008). Member of Best Start (Ontario's Maternal Newborn, and Early Child Development Resource Centre) Perinatal Mood Disorders Training Resource Advisory Committee. This committee developed a new teaching tool entitled "*Perinatal Mood Disorders – an interdisciplinary teaching video*" available to all health professionals. The resource consists of a 25-minute video, facilitator guide, and pre/post test. The resource tool, particularly the video, aims to: (1) increase awareness and knowledge of perinatal mood disorders; (2) facilitate viewers' ability to assess, screen, diagnose, treat, and support clients with perinatal mood disorders; (3) stimulate participatory discussion; and (4) explore additional resources for increased learning through the additional links provided. This resource tool can be used for: (1) individual continuing education; (2) organizational in-services, and lunch and learns in the form of one hour, two hour or half day workshops; (3) academic programs at the undergraduate and graduate level; (4) awareness raising campaign; and (5) presentations.
10. *MediSpin* (2006). My expertise in perinatal mood disorders was acknowledged when I was the only Canadian invited to participate with a US group of perinatal mental health researchers and psychiatrists to develop an educational video on postpartum depression (funded by the National Institute of Mental Health). Combining their understanding of health and medical issues with expertise in multimedia technology, MediSpin (a multimedia medical communications company) assisted us in the design, development, and delivery of this internet-based teaching program on postpartum depression, which was launched in November 2006. The program is found on MedEdPPD.org, a professional, peer-reviewed website developed with the support of the National Institute of Mental Health to foster the education of primary health professionals (e.g., pediatricians, family physicians, obstetricians, psychiatrists, nurses, physician's assistants, nurse practitioners, nurse midwives) who care for women who have or are at risk for postpartum depression.
11. *NICE Perinatal Depression Guideline* (2006). I was invited by the Antenatal and Postnatal Mental Health Guideline Development Group, who developed a national (UK) clinical guideline for the National Health Service (NHS), to be an expert reviewer on the National Institute for Clinical Excellence (NICE) version of the guideline recommendations.
12. *BMJ Mental Health Clinical Algorithm* (2006). Based on my postpartum depression expertise, I was invited by the BMJ Evidence-Based Mental Health group to be a reviewer for a "Map of Medicine" online evidence-based clinical algorithm looking at the management of postnatal mental health. Map of Medicine is a collection of clinical algorithms (designed to be viewed online) which are intended to be analytical frameworks for clinical care to be used by students, generalist clinicians, and junior specialist trainees. I ensured that the content of the algorithm for postnatal mental health was not wrong or misleading and I examined as to whether it was relevant to clinical practice.
13. *Invest in Kids* (2006). Invest in Kids is a national, charitable organization dedicated to ensuring the healthy social, emotional, and intellectual development of children from birth to age five by strengthening the parenting knowledge, skills, and confidence of all those caring for children. They translate the science of parenting and child

development into engaging, easy to understand, relevant resources for parents and professionals. Currently this program is developing handouts for parents related to postpartum depression and I was invited to be an expert advisor and to review these handouts to ensure content accuracy.

14. *Ontario Ministry of Children and Youth Services (2005)*. I was invited by the Ontario Ministry of Children and Youth Services to participate in a discussion group (three meetings) with the purpose of providing expertise that will assist Ontario demonstration health regions to plan and implement effective community-based strategies related to postpartum mood disorders. I was the only representative from the nursing profession (both clinically and academically) invited as an expert to participate in the discussion group.
15. *Metro Mothers Network (2004-2010)*. The Metro Mothers Network (MumNet) is a registered not-for-profit organization founded and run by volunteer women to provide a network of sharing, an opportunity to workout, and a break from childcare. Each week, MumNet groups meet a one-hour program. The program formats vary week-to-week and group-to-group, ranging from informal discussions to guest speakers with topics focused on matters related to the health, education, and emotional well-being of mothers and their infants. Over the past several years, I have been asked to speak at these lay group meetings about postpartum depression, describing symptoms, risk factors, and treatment options.

Media Interactions/Presentations***Television:***

- May 2012 CBC – National – postpartum depression among mothers who kill their baby
- May 2010 CBC – National – postpartum depression among fathers
- December 2006 CTV – Canada AM - Postpartum depression and first-time parents
- April 2006 TV Ontario – “More to Life” show – Best Practice Guidelines for Nurses
- November 2005 Dale Hildebrand – Documentary on Postpartum Depression – for Rogers TV
- August 2005 Fairchild TV (Toronto Chinese TV station) – Postpartum depression
- July 2005 CTV – Canada AM – Postpartum depression and fathers
- July 2005 CBC – The National – Postpartum depression and fathers
- April 2005 Rogers Cable – Postpartum depression
- January 2005 TV Ontario – Guest speaker on the “More to Life” show – postpartum depression
- December 2004 CFTO– Postpartum depression and violence
- December 2004 Toronto One – Postpartum depression and violence
- December 2004 Fairchild Chinese TV – Postpartum depression
- January 2002 Global evening news – Breastfeeding Peer Support Trial

Radio:

- October 2013 CFX 1070 Postpartum depression and psychosis (Victoria, BC)
- October 2013 CKNX Radio Postpartum depression and psychosis (Waterloo)
- October 2013 CBC Radio Postpartum depression and psychosis
- August 2013 CBC Radio Syndication (12 interviews across Canada) – postpartum depression
- July 2013 Radio Canada International – Postpartum depression
- July 2013 CJOB Radio Winnipeg – Postpartum depression and psychosis
- February 2012 CBC Metro Morning – Advanced maternal age
- June 2010 CBC International – Postpartum depression and immigrant mothers
- May 2010 CBC Winnipeg – Postpartum depression among fathers
- May 2010 Talk Radio CFRB John Tory – postpartum depression among fathers
- January 2009 680 News – Postpartum depression peer support trial
- January 2009 Singapore News – Postpartum depression peer support trial
- May 2008 CBC – Telepsychiatry for treating postpartum depression
- December 2006 CFRB News at Noon – Postpartum depression
- February 2006 St. Catherine’s Ted Cobears Show –Postpartum Depression Best Practice Guideline
- August 2005 CBC Radio – 2 shows: Prevention of postpartum depression; father and depression
- July 2005 AM 640 Toronto – Mike Stafford Show – Postpartum depression and fathers
- July 2005 570 New – Garry Doyle Show (Kitchener) – Postpartum depression and fathers
- June 2005 CFBR Radio – Postpartum depression and fathers
- June 2005 AM 640 Toronto – Mike Stafford Show – Postpartum depression
- December 2004 CBC – ‘Across Ontario’ – Postpartum depression peer support trial
- December 2004 CBC – ‘Metro Morning’ – Postpartum depression and violence
- December 2004 CFBR Radio – Postpartum depression and violence
- December 2004 1010 News – Postpartum depression and violence

Newspapers/Newsletters:

- September 2013 Globe and Mail – editorial – identification of postpartum depression to reduce maternal suicides
- August 2013 University of Toronto Bulletin – postpartum depression
- August 2013 Globe and Mail – postpartum depression
- December 2011 Toronto Star – older maternal age and perinatal outcomes
- November 2011 Toronto Star – get back to ‘normal’ after the baby is born
- July 2010 LA Times – Telecare and depression
- May 2010 Canadian Press interview – postpartum depression among fathers
- April 2009 National Post – Postpartum depression
- January 2009 Over 30 newspapers internationally – Postpartum depression peer support trial
- November 2008 Globe and Mail – Postpartum depression and fathers

- October 2008 U.S. News & World Report – Antenatal depression
- January 2008 Time Magazine (web-based version) – Understanding postpartum depression
- September 2007 Health Behavior News Service – Treatment of postpartum depression – systematic review
- December 2006 Globe and Mail – Postpartum depression
- May 2006 The St. Catherine Standard – Understanding postpartum depression
- March 2006 National Post – letter – ‘The hardest time of a woman's life’ in response to article “Depression Hits Immigrants Hardest: Study, March 20”
- March 2006 Globe and Mail – Postpartum depression and immigrant mothers
- October 2005 Hospital News – Postpartum depression book
- July 2005 *The Regina Leader-Post* – Prevention of postpartum depression – systematic review results
- July 2005 The Washington Post – Prevention of postpartum depression – systematic review results
- July 2005 The Toronto Star – Prevention of postpartum depression – systematic review results
- July 2005 The Hamilton Spectator – Prevention of postpartum depression – systematic review results
- January 2005 The Bulletin: U of T – Multi-factorial predictive model of early postpartum depression
- January 2005 Miami Herald – Multi-factorial predictive model of early postpartum depressive symptoms
- December 2004 Toronto Observer – Postpartum depression
- December 2004 Toronto Star – Treatment of postpartum depression
- December 2004 Toronto Star – Postpartum depression
- December 2004 National Post – Postpartum depression and violence
- December 2004 Toronto Sun – Postpartum depression and violence
- November 2004 Toronto Sun – Multi-factorial predictive model of early postpartum depressive symptoms
- November 2004 Medical Post – Multi-factorial predictive model of early postpartum depressive symptoms
- October 2004 Boston Psychopharmacology – Treatment of postpartum depression
- November 2004 Chinese newspaper – Recent immigrant status as a postpartum depression risk factor
- October 2004 Winnipeg Free Press – Preventing postpartum depression
- September 2002 Fraser Valley Health Region – Postpartum Depression Three-Phase Research Project

Magazines:

- Winter 2014 Alive Magazine – Perinatal depression and Omega 3
- Fall 2011 ParentsCanada Magazine – peer support and postpartum depression
- Summer 2009 Reader’s Digest – Preventing postpartum depression
- June 2009 Parenting Magazine – Postpartum depression and sleep deprivation
- November 2007 Today’s Parent – Preventing postpartum depression
- July 2006 For Me (published by Women’s Day) – Preventing postpartum depression
- May 2006 Psychiatric News (APA publication) – Screening for postpartum depression
- Feb/March 2006 BabyTalk (American Society of Obstetricians and Gynecology) – Infant sleep, maternal fatigue, and postpartum depression
- January 2006 Prevention Magazine – Understanding postpartum depression
- Fall 2005 Canadian Nurse – Preventing postpartum depression
- Fall 2005 Canadian Living – Preventing postpartum depression
- Fall 2005 Registered Nurses Association of Ontario, Registered Nurse Journal – Prevention of postpartum depression
- Autumn 2005 University of Toronto Magazine – Prevention of postpartum depression
- September 2005 Fit Pregnancy – Prevention of postpartum depression – systematic review results
- July 2005 Mummy Muscle – Prevention of postpartum depression
- July 2005 Chatelaine – Prevention of postpartum depression – systematic review results
- May 2005 Canadian Living – Multi-factorial predictive model of early postpartum depression
- April 2005 City Life– postpartum depression
- August 2004 Canadian Family – Tip for Breastfeeding Mothers
- March 2004 Canadian Family – Breastfeeding Peer Support
- February 2004 Chicago Parent Magazine – Identifying Mothers with Postpartum Depression
- February 2002 Parents Magazine – Breastfeeding Peer Support

SERVICE TO THE UNIVERSITY

Membership on University Committees

- 2011-13 Connaught Review College: Chair of the Life Sciences Epidemiology & Health Outcomes Review Panel
- 2010-13 Connaught Review College: (1) member of the Life Sciences Epidemiology & Health Outcomes Review Panel; (2) member of the Global Challenge Review Panel

Membership on Faculty Committees

- 2004-10 Selections Committee
- 2002-12 Admissions Committee (Chair 2004-2005)
- 2003-05 Executive Committee of the Faculty Council

SERVICE TO THE COMMUNITY

Peer Reviewer for Scholarly Journals

I have been invited to be a peer reviewer for over 20 scholarly journals including those with a focus on general medicine (e.g., BMJ, Lancet), psychiatry (e.g., Acta Psychiatrica Scandinavia, Archives of Women's Mental Health, Clinical Journal of Psychiatry, Expert Review of Neurotherapeutics, Expert Opinion on Pharmacotherapy, International Journal of Psychiatry in Clinical Practice, Journal of Affective Disorders, Psychosomatics), obstetrics (e.g., British Journal of Obstetrics and Gynaecology, Journal of Obstetrics and Gynecology Canada), paediatrics (e.g., Pediatrics), public health (e.g., BioMed Central Public Health, Preventive Medicine), social sciences (e.g., Social Science and Medicine), and nursing (e.g., Research in Nursing & Health; Canadian Journal of Nursing Research, International Journal of Nursing Studies, International Nursing Perspectives Journal).

Granting Agency Reviewer

Internal Reviewer

I have been a panel member for the Canadian Instituted of Health Research (CIHR) Randomized Controlled Trials Review Committee (2005-2014) and the US Center for Disease Control and Prevention (CDC), Special Emphasis Panel (2005; 2009).

External Reviewer

I have been an external reviewer for over 20 funding agencies at all levels including those that are local (e.g., Hospital for Sick Children Foundation), provincial (e.g., Ontario Mental Health Foundation; Alberta Heritage Foundation for Medical Research, British Columbia Michael Smith Foundation, Peter Wall Institute for Advanced Studies), national (e.g., Social Sciences Research Council, CIHR Randomized Controlled Trials, AWHONN Canada) and international (e.g., UK Wellcome Trust, Scottish Executive Health Department, Research Grants Council of Hong Kong, The Netherlands Organization for Health Research and Development, The Portuguese Foundation for Science and Technology).

External Examiner

1. Kathleen Chaput, final doctoral examination, Department of Community Health, University of Calgary, June 14, 2013.
2. Silje Marie Haga, final doctoral examination, Department of Psychology, University of Oslo, January 2012.
3. Amy Lee (Maternal antidepressant use and lactation: Clinical and economic consequences), final doctoral examination, School of Graduate Studies, University of Toronto, Ontario, February 2006.
4. Marilyn White, School of Graduate Studies, Memorial University, Newfoundland, August 2002.